

be happier •build family unity •feel great • take care of latch key children • reduce unemployment • increase communication skills • expand knowledge

· lose weight · diminish chance of disease · build selfesteem · reduce stress · promote sensitivity to cultural diversity · eliminate loneliness · increase community pride · reduce crime · provide safe places to play · generate revenue • lower health care costs • meet friends • educate children and adults • relax • keep business from leaving · elevate personal growth · strengthen neighborhood involvement · conquer boredom · provide child care · boost economy • curb employee absenteeism • increase tourism • build strong bodies · increase property value · attract new business · preserve plant and animal wildlife · instill teamwork · live longer · protect the environment · create memories · clean air and water · boost employee productivity · look better · enhance relationship skills · decrease insurance premiums · control weight · offer places for social interaction · diminish gang violence · teach vital life skills · provide space to enjoy nature... THE BENEFITS ARE ENDLESS

Spring and Summer 2014 Program Guide

Special Events

Tom O'Brien's Magic Show

Looking for a fun way to spend some time with your children on an early dismissal day? Join us for a Comedy Magic Show by Tom O'Brien. Tom has delighted children at our summer camp program, and is also the instructor of our ever-popular magic workshops. This performance is age appropriate for children 3-10, and will be held in the gym of Whisconier Middle School, 3:00-3:45 p.m. This event is free with no pre-registration required. We look forward to seeing you there!

Day: Friday Time: 3:00 p.m.
Date: 4/11 Place: WMS Gym

Fee: Free

15th Annual Flashlight Egg Hunt

Just for students in grades 3-5! The hunt will be held on the grounds of Town Hall at 8:00 p.m. sharp, and will last approximately

20 minutes. All participants must bring their own flashlights. Bags will be provided for collecting. Call the Parks & Recreation Office to pre-register. Cost is \$1.00 per student. Pay on the evening of the hunt in front of the Town Hall.

Day: Friday Time: 8:00 p.m. Date: 4/11 Fee: \$1.00



18th Annual Egg Hunt

Join the Parks & Recreation Department on the grounds of Town Hall on Saturday, April 12. Additional features include a jellybean counting contest, and a special appearance by the Easter Bunny. Bags will be provided for egg collecting. Call the Parks & Rec.

Office to pre-register. Cost is \$1.00 per child. Pay on the day of the hunt in the lobby of Town Hall. Rain date is Sunday, April 13.

Age Divisions: Under 3 at 12:00 p.m. 3- 4 year olds at 12:15 p.m. 5 - 6 year olds at 12:30 p.m. 7 - 8 year olds at 12:45 p.m.

Day: Saturday Time: See above Date: 4/12 Fee: \$1.00



Singing and Signing Time with Ms. Janine at the Bandstand

Singer/Signer/Songwriter/Guitarist, Janine LaMendola "Ms. Janine" will be playing children's

music with sign language fun at the Bandstand this spring and summer. It doesn't matter if you come with your infant, toddler or preschooler, or if you're a teenager. You're guaranteed to learn several signs and have fun at the same time! In case of bad weather please join her inside the Town Hall. A sign will be posted as to what room. All ages welcome!

Spring Session: Wednesday, 4:15 – 5:00 p.m.

Dates: 5/7, 5/14, 5/21, 5/28 (4 wks)

Summer Session: Wednesday, 3:00 - 3:45 p.m.

Dates: 7/9, 7/16, 7/23, 7/30 (4 wks)

Place: Town Hall Bandstand, 100 Pocono Road

Fee: Free

Special Events, continued

Speed Sitting

"Speed Sitting" helps parents find a babysitter for their child(ren) in just one hour. Each hour we will have twelve parents and twelve prospective babysitters. Every five minutes you will interview a new babysitter and at the end of an hour you will leave with the contact information for all twelve babysitters. If you are looking for some help over the summer or someone to watch your children for an occasional night out, this is an event not to be missed.

We are currently accepting reservations for a 6:00 p.m. start time (finishing at 7:00 p.m.) as well as a 7:15 p.m. start time (finishing at 8:15 p.m.). Interested parents and babysitters should contact Parks & Rec at 775-7310 to pre-register.

GS Troops 50008 and 50410 will be on-hand to provide activities for children to participate in while parents are interviewing. As we can accommodate a limited number of children, please let us know when registering if you plan to bring your children with you.

Day: Wednesday Time: 6:00 – 8:15 p.m. Date: 5/7 Fee: Free

Place: Center School Cafeteria



"Drive In" Movie Series

Now on Friday night...come for the concert, stay for the movie! We're going to be reliving all of the excitement of the Danbury Drive In right here

in Brookfield at the fourteenth annual drive in movie series. Bring your friends and family, along with blankets, chairs, and snacks. The show starts at dusk at Town Hall, and will be shown on a 10 x 10 foot video screen. Seating will be on the lawn in front of the bandstand. This event is free! A flyer detailing the movies will be sent through the schools in June and will also be available on our website.

Day: Friday Time: Starts at dusk

Dates: 7/25, 8/8, 8/22 Fee: Free



Discount Tickets for Lake Compounce

We are pleased to offer you the opportunity to purchase discount tickets to Lake Compounce Amusement Park in Bristol, CT. Tickets will be available for purchase beginning June 2 through August 22, and can be used for daily admission through September 2014. Price is \$27.50 for either adult or junior tickets. That's over \$15.00 less than the price at the gate for adult tickets!

Get Out of Town

New ~ Metropolitan Museum of Art

The Metropolitan Museum of Art is one of the world's largest and most important art museums. Housing an enormous permanent collection, "The Met" with its tall columns and windows, immense stairways and water fountains looks like it could be a palace. The size and diversity of the artwork on display is even more impressive; the museum's collection contains work from every part of the world, spanning the Stone Age to the twentieth century. Spend the day at the museum, grab a bite to eat at one of the museum cafés or enjoy the city on your own. Across the street is New York's Central Park, always a center of activity in the spring. Leave Brookfield at 8:30 a.m., leave NYC at 5:00 p.m. Fee of \$69.00 includes coach bus transportation, driver gratuity and museum admission.

Day: Sunday Date: 5/4
Time: 8:30 a.m. departure Fee: \$69.00

Adult Education

New ~ Beginning Italian: Ciao. Mi chiamo...

Learn conversation skills such as introductions and polite greetings and interactions. Essential basic vocabulary and grammar will be introduced. No prior Italian language experience is necessary.

Day: Monday Time: 7:00 – 8:00 p.m.

Dates: 4/21 – 6/16 (8 wks) – no class 5/26 Instructor: Anna Prendi Fee: \$79.00

Place: Town Hall Meeting Room

The Keys to Happiness: An Introduction to Positive Psychology

Come learn about the Keys to Happiness. This is an introductory session to the new field of Positive Psychology, based on the teachings of Dr. Martin Seligman, from the University of PA and the founder of Positive Psychology. Join Marianne Seeber of Pathways Counseling of CT for this workshop to discover YOUR Essential Elements for Well Being and your Pathway to Happiness.

Day: Tuesday Time: 7:00 – 9:00 p.m.

Date: 4/29 Fee: \$20.00 Place: Town Hall Meeting Room

Beginners Bridge

Participants will learn the basics of bridge. We'll begin with the counting of the points and following with the bidding and playing of the hand. Much of the time will be spent in playing actual hands.

Day: Tuesday Time: 6:30 – 8:30 p.m. Dates: 4/22 – 5/27 (6 wks) Instructor: Irv Agard

Place: Senior Center Fee: \$54.00



We are always looking for new class ideas! If you have an area of expertise that you would be willing to share with others, please download a "class proposal form" from our website. Days and times of classes are flexible, and previous teaching experience is not always necessary. Class

proposals should be received by 8/1/14 to be considered for the fall program guide.

Adult Education, continued

Digital and Film Photography

In just five weeks this class will have you using your camera like a pro. It will demystify what all those buttons and hidden menus do. Technical terms like white balance, ISO and resolution will be explained, but we'll also spend time developing your artistic sense. Weekly assignments will encourage you to practice and develop your skills. Plus this season we'll examine what your smart phone camera can do. Charge up your batteries, bring your camera manual, and let's have some fun!

Day: Wednesday Time: 7:00 – 9:00 p.m.

Dates: 4/23 - 5/21 (5 wks)

Place: Town Hall Meeting Rm. Instructor: Mary Ann Kulla

Fee: \$70.00



Click, Load & Print

This class will demonstrate how to get your digital photos onto your computer, organize them, and make prints using your home printer

or an online lab. Bring a memory card with some pictures you don't mind experimenting with, plus bring any connecting cables that came with your camera and your camera manual. This season we are offering one session just for Mac users, the other for Windows users since the operating systems are so different.

Session 1 for Mac Users: Wednesday, May 28 Session 2 for Windows Users: Wednesday, June 4 Time: 7:00 - 9:00 p.m. Fee: \$25.00/session

Place: BHS Computer Lab Instructor: Mary Ann Kulla

Photoshop - Individual Training

Have you been struggling to improve your photos with **Photoshop Elements** or some version of **Photoshop**? Are you encountering lots of frustration? If so, this is your opportunity to sit down with an experienced Photoshop user with at most one other student - to identify and move beyond your current roadblocks. Bring your laptop with images that you'd like to work on, or use the Brookfield High School computers. Since this will be individualized instruction, we can focus on your unique interests. We'll cover whatever topics you'd like to experiment with: tools, selections, pallets, layers, actions or giving your images a unique tonality. Take the next step towards realizing your creative vision!

Day: Thursday Time: 7:00 - 9:00 p.m.

Date: 5/8 (1 wk) Fee: \$75.00

Place: BHS Computer Lab Instructor: Mary Ann Kulla

iPhone Photography

The 8 megapixel iPhone 4, 5 and 5S can take great pictures. Since you have the phone with you all the time, you will be more likely to use it than a complicated camera. We'll spend the evening learning to really utilize the "camera" and "photos" sections of the phone, as well as test out a few useful apps. We'll also address the iPhone's limits as compared to a small digital camera or DSLR camera.

Day: Thursday Time: 7:00 – 9:00 p.m.

Date: 5/1 (1 wk) Fee: \$25.00

Place: Town Hall Meeting Rm Instructor: Mary Ann Kulla

Adult Education, continued

Tune in to your iPhone

Would you like to be able to use the "music" options on your iPhone without stressing? In one evening this class will explain how to browse for the music you like, create a playlist, display the lyrics and even use Siri for voice commands to manage playback. We'll also touch on podcasts and iTunes Radio. You'll leave class able to do the same things your teenager does. Please come in knowing your Apple ID and password, so that you can download a song or two for practice.

Day: Thursday Time: 7:00 - 9:00 p.m.

Date: 5/15 (1 wk) Fee: \$25.00

Place: Town Hall Meeting Rm Instructor: Mary Ann Kulla

The ABC's of Photo Organizing

Are you overwhelmed with your photos? Are you not sure what to do with them? We can help! This class will help you organize, plan and give you tips to preserve your memories to pass on to your children and grandchildren. Linda and Sharon are certified photo organizers with APPO (Association of Personal Photo Organizers). Bring in a box of your photos and get started today!

Day: Wednesday Time: 7:00 - 8:30 p.m.

Date: 4/30 (1 wk) Fee: \$25.00 Place: Town Hall Meeting Room 129 Instructors: Sharon Gialo and Linda Thomas

Mediterranean Vegetable Cooking 201

This program will elaborate on the skills learned in Cooking 101 as participants prepare three recipes each evening using a variety of different vegetables. In order to participate in this session, you must have already taken Cooking 101.

Day: Wednesday Time: 6:30 – 8:30 p.m.

Dates: 4/30 – 5/21 (4 wks) Fee: \$82.00

Place: BHS Culinary Arts Room #204

New ~ Essential Oils: Good for Your Body & Home

Come learn about ways to care for your body and home without using harmful or toxic chemicals. Sample products and learn strategies to create your own products.

Day: Wednesday Time: 7:00 - 9:00 p.m.

Date: 5/14 Fee: \$25.00

Instructors: Sandra Pinto and Jennifer Ripa-Edson

Place: Town Hall Meeting Room

New ~ Basic Dog Obedience

This five week program focuses on socialization and basic obedience. Sit, stay, heel and down with everyday distractions as well as discussion of common behavioral issues will be covered. We will be using positive reinforcement; bring water for your dog but no treats please. Wear soft soled, closed toe shoes and comfortable clothing for the weather. Please bring a 6-foot nylon lead with a swivel clip and training collar, both suited to the size and weight of your dog. After registration, you will be emailed a behavior fact sheet. These must be emailed to the instructor before the start of class or brought with you to the first class. Aggressive dogs must be evaluated prior to class registration. All dogs must have current license on file with the Town Clerk's Office.

Day: Wednesday Time: 6:30 – 7:30 p.m.

Dates: 4/23 – 5/21 (5 wks) Fee: \$135.00

Place: Town Hall Back Field

Instructor: Jill Meyer, owner of GOOD DOG!

Adult Education, continued

Relaxing Ukulele for Adults (Beginners)

Come and have fun while relaxing and learning this fun and easy to learn instrument that is experiencing a surge in popularity. The classes will cover basic chords, simple strums, and lots of great songs that can be played with two or three chords. Even if you've never picked up the uke before, you will be well on your way by the end of this first 6 week session. Ukulele and book are included.

Day: Tuesday Time: 7:30 – 8:30 p.m.

Dates: 4/22 – 5/27 (6 wks) Fee: \$175.00 Place: SOUND, 31 Hawleyville Road, Newtown

Mindful Based Stress Reduction (MBSR)

Do you want to live a more engaged and balanced life? There is a way of being and doing that allows you to live life more fully through the practice of mindfulness. Mindfulness is a human quality, a way of learning to pay wise attention to what is happening in the present moment, with non-judgmental awareness. Mindfulness Based Stress Reduction (MBSR) developed by Jon Kabat-Zinn, Ph.D., at the University of Massachusetts Medical Center is an evidence-based. structured complementary medicine and wellness program that uses mindfulness as a way of learning to tap into your inner resources, empowering you to respond rather than react to stress, pain and illness. In addition to the eight weekly classes listed below there is a Saturday Retreat on May 31 from 11:00 a.m. – 5:00 p.m. included. Free introductory session on April 7 from 6:30 - 8:00 p.m. if you would like to learn more before registering.

Day: Monday Time: 6:30 – 8:30 p.m.

Dates: 4/21 – 6/9 (8 wks) Fee: \$295.00 Place: SOUND, 31 Hawleyville Road, Newtown

Instructor: Sheila Wall

Decorative Arts

Watercolor for Adults

Whether you are an artist just starting out or someone who has painted for a while, you will find this workshop fun, educational and inspiring. You will learn how to see colors in nature you have never seen before through the color wheel, and touch upon the importance of good drawing techniques as the bones of your painting. You will learn a wide variety of watercolor techniques while painting your own landscape by the end of the class, including values, learning first to see them in black and white then in color. Please ask for a materials list when registering (approximate cost \$80).

Day: Thursday Time: 5:45 – 7:45 p.m.

Session 1: 4/24 – 6/12 (8 wks) Session 2: 6/26 – 8/14 (8 wks)

Place: Senior Center Craft Rm Fee: \$88.00/session

Instructor: Victoria Lange

Adult Education, continued



D.E.E.P. Boating Safety Course

Students of all ages successfully completing this course will satisfy the education requirements for the Connecticut State

Boating Certificate, required for anyone who operates a boat. Participants must attend all four classes in the same session. Adults must present a picture id (driver's license) at the first class. All children who do not have a picture id must be identified by their parent at the first class. Children under age 12 must be accompanied by a parent. (No charge for the parent to attend if not seeking certification.) There is an additional \$50 license fee to the State, which you will pay online after successful completion of the class.

Day: Monday and Wednesday (twice a week for 2 weeks)

Time: 7:00 - 9:30 p.m.

Dates: 5/5, 5/7, 5/12, 5/14 (4 classes)
Place: WMS Seminar Rm. Fee: \$25.00

Red Cross First Aid for Lay Responders

Learn how to respond to common first aid emergencies, including burns; cuts; head, neck and back injuries and more. Useful take-home course materials help you retain skills and serve as an excellent refresher and reference tool after training is complete. Includes Red Cross certification.

Dav: Saturday

Time: 2:00 – 6:00 p.m.

Date: 4/12 Fee: \$50.00

Place: Town Hall Meeting Room

Instructor: Jerry Kochman

Red Cross CPR/AED for Lay Responders

This course covers CPR for adults, infants and children in an approach that complements adult learning styles, featuring hands-on practice and real life scenarios. Additionally, this course also includes training in using an automated external defibrillator (AED) on a victim of sudden cardiac arrest. Useful take-home course materials help you retain skills and serve as an excellent refresher and reference tool after training is complete. Includes two year Red Cross certification.

Day: Saturday Time: 2:00 – 6:00 p.m.

Date: 4/19 Fee: \$50.00

Place: Town Hall Meeting Room Instructor: Jerry Kochman

Red Cross CPR/First Aid Re-Certification for Lay Responders

This course provides individuals with the opportunity to review course content and practice skills before taking a written exam and performing skills for evaluation. Includes Red Cross certification following successful completion. Register for either CPR, First Aid or both.

Day: Saturday Date: 5/3

CPR Recert: 2:00 - 4:00 p.m. Instructor: Jerry Kochman

First Aid Recert: 4:00 – 6:00 p.m. Place: Town Hall Meeting Room

Fee: \$35.00 for one certification, \$55.00 for both

Adult Fitness



Train for a 5K

Are you interested in running a 5K road race (3.1 miles)? Are you a walker who would like to try running? Are you a runner interested in improving your times? Join Cassie Dunn in a group setting, for a series of training runs at the Brookfield High

School track. (Come dressed to run and bring a water bottle.) We will train together on Saturdays (each person going at their own pace) and then each participant will be given an individualized workout schedule to follow during the week. Each week you will be given new workouts as you progress. This program will prepare you for the Mother's Day 5K on Sunday, May 11, 2014. (Race registration is included in the fee.) All fitness levels are welcome! Come try a great sport, get fit and make some new friends! Cassie Dunn, former BHS cross-country and track coach, is a certified Road Runners Club of America Coach; NASM certified personal trainer, functional training specialist, Pilates and Spinning instructor.

Day: Saturday Time 8:00 – 9:00 a.m.

Dates: 4/5 - 5/10 (6 wks)

Place: Brookfield High School Track

Fee: \$70.00

How to Create and Maintain a Fitness Plan

There is so much information on health and fitness today, that it can become very confusing. Having a specific training plan is very important, otherwise going to the gym can be frustrating and inefficient. How do you know what you should be doing? All cardiovascular exercise, (walking, running, elliptical training, etc.) or strength training with machines, or free weights, spin class or pilates? What about Crossfit? Just thinking about it can stop you from going to the gym. Come to a free lecture and learn how to design a fitness plan that will work for YOU. Learn how to develop a strategy to get you into the gym, or outside, and keep you going back until you reach your goals. Join Cassie Dunn, a NASM Certified Personal Trainer, and learn how fitness can fit into your life and work for you. Pre-registration required by calling Parks & Rec. at 775-7310.

Day: Wednesday Time: 7:00 p.m. Date: 5/14 Fee: Free

Place: No Limit Health and Fitness, 1120 Federal Road

NEW ~ Introduction to Small Group Training

This class will give you the hands-on experience of a personal trainer in a small group setting. The class will have three participants and will meet once a week. Cassie Dunn, the trainer, will assess your fitness level, work on any specific weaknesses, and teach new skills. You can determine what you would like to get out of the sessions for your specific goals. There can be strength training, interval training, cross fit training, boot camp, etc. You and your group can decide. Bring two friends or be matched up with a group. Class times can be flexible to accommodate the group's schedule, mornings or evenings. Cassie Dunn is a NASM CPT and functional training specialist.

Dates: April 21 – May 18 (once a week for 4 weeks)

Day and Time: to be decided

Fee: \$60.00

Place: NO LIMIT Health and Fitness, 1120 Federal Road,

Brookfield

Adult Fitness, continued



Zumba is a great way to stay physically and mentally fit. It is like no other workout you will ever experience! Zumba is great for the mind, body and

soul and is based on the principal that exercise should be fun, which helps you stick with the program until you get results - the key to long term good-health. It's a feel good exercise program designed with a scorching fusion of world music and spicy dance rhythms. With its easy to follow choreography, you burn 500 to 800 calories per hour depending on how hard you work, and tone your body from head to toe. Zumba fitness utilizes aerobic interval training (combining fast and slow rhythms) to deliver a high energy, heart pumping cardiovascular workout you want to return to again and again.

Day: Monday Time: 7:00 – 8:00 p.m.

Dates: 4/21 – 6/16 (8 wks) – no class 5/26 Place: Center School Gym Fee: \$75.00

Instructor: Dolly Pinto



Yogalates

A hybrid of yoga and Pilates, Yogalates will give you the best of both techniques. By becoming mindful of movement and breath,

and connecting your mind to your muscle, you will increase your flexibility, strength and muscle balance. This program can be modified for all fitness levels, but participants should be comfortable working on the floor. Please bring a mat, a towel and water bottle.

Day: Tuesday Time: 6:30 - 7:30 p.m.

Dates: 4/22 - 6/10 (8 wks) Fee: \$75.00

Place: Center School Gym Instructor: Phyllis Babuini

Why Weight?

Don't be daunted by preconceived perfectly fit images. Why Weight is designed for any body and every body to feel successful in their current fitness level. With slow, steady training focusing on form, movement will transform your shape and attitude. Concentrated resistance using light weights will build muscle, and we'll work on posture and balance, too. Come make some new friends while finding out how capable you really are. Please bring a set of weights (1,3 or 5 pound is recommended) and a towel or mat for floor work. Be sure to wear sneakers and bring a water bottle, too.

Day: Thursday Time: 6:30 – 7:30 p.m.

Dates: 4/24 – 6/12 (8 wks) Fee: \$75.00

Place: Center School Gym Instructor: Phyllis Babuini

Goddess Bellydance

No dance experience necessary! ALL women age 18 and up are invited to unlock the mystery and secrets of this ancient feminine dance. Bellydance will guide you in exploring your sensual, powerful and beautiful self and will enable you to embrace the amazing woman living within yourself. The movements are simple and gentle on your body, while they tone and build strength and health (by aligning your pelvis and back correctly, and building your core strength). Beautiful movements, divinely inspired music, colorful coin belts and silk scarves (both provided) combine to create a class that will leave you feeling as if you have gone on a vacation to an exotic world.

Day: Wednesday Time: 7:00 - 8:00 p.m.

Dates: 4/9 – 5/14 (6 wks) Fee: \$102.00 Place: SOUND, 31 Hawleyville Road, Newtown

Instructor: Kristie Liotta

Adult Fitness, continued

The Fit Female Challenge

8 WEEK PROGRAM, UNLIMITED CLASSES! LOSE FAT AND INCHES! GUARANTEED RESULTS! Watch your body change as you lose fat and inches. For 8 weeks, you MUST take a minimum of 4 classes per week. You can take any 4 classes that you choose and as many additional classes as you would like. A record will be kept of your classes. You will be weighed and measured before your first class. A nutrition plan will be recommended for you. At the end of 8 weeks, you will be weighed and measured again. We are so confident that you will be successful, that, if you HAVEN'T lost fat and inches, you will be given a 3 month, VIP membership to NO LIMIT HEALTH & FITNESS. Register no later than Friday, April 25 and to begin the week of April 28. Fee: \$199.00

Place: No Limit Health & Fitness. 1120 Federal Rd.

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Pilates Sculpt

This class combines traditional Pilates and body sculpting exercises using light dumb bells, rings and bands for a total body workout. It is an excellent workout for beginner exercisers through

advanced participants. Master instructor, Marni McNiff will guide you through this workout, recommending any necessary adjustments based on your individual needs. All fitness levels are welcome and encouraged! Watch your body change! BABYSITTING AVAILABLE with advanced reservation. Sign up for this class and receive a free gym pass for two weeks.

Day: Tuesday Time: 9:15 – 10:15 a.m.

Dates: 4/22 – 6/10 (8 wks) Fee: \$90.00 Place: No Limit Health & Fitness, 1120 Federal Rd.

Abi's Bootcamp

Are you interested in a demanding workout? Do you want to really challenge yourself? Then this workout is for you! Come join Abi Scudder indoors and outside (weather permitting) for an hour to challenge your entire body. Pullups, push-ups, squats, lunges, sprints, drills and core work are just an example of what you will experience. Abi will help push your fitness to the next level. BABYSITTING AVAILABLE with an advanced reservation! Sign up for this class and receive a free gym pass for two weeks.

Day: Friday Time: 9:15 – 10:00 a.m.

Dates: 4/25 – 6/13 (8 wks) Fee: \$90.00

Instructor: Abi Scudder

Place: NO LIMIT Health and Fitness, 1120 Federal Rd

Self-Defense for Women

Women age 18 and over will learn potentially lifesaving techniques to avoid and/or escape an attack or assault. Instructor Clinton Murphy is a 5th degree black belt in Kun Tao and specializes in practical self-defense.

Day: Wednesday Time: 7:00 – 8:00 p.m.

Dates: 5/7 – 5/28 (4 wks) Fee: \$50.00

Place: Academy of Fighting Arts, 1120 Federal Road

Adult Fitness, continued

Training Power Hour

This class is like having a personal trainer for 1 hour!!! For women who want a TOTAL body workout. In this class you will burn calories, while firming, shaping and toning, the arms, back, chest, shoulders, legs, glutes and abs. Learn proper form and technique, and obtain your best body possible, by using hand held weights, bands, steps, balls and more. No two classes are the same!!! For people of all physical levels, this class will challenge the beginner AND advanced student. A fun class, with individual attention, that will get you results! Class includes a warm up, cool down and stretching. Bring water and a towel. BABYSITTING AVAILABLE with an advanced reservation! Sign up for this class and receive a free gym pass for two weeks.

Day: Thursday Time: 9:15 – 10:15 a.m.

Dates: 4/24 – 6/12 (8 wks) Fee: \$90.00

Place: NO LIMIT Health and Fitness, 1120 Federal Road

Adult Fitness - Cycling



Indoor Group Cycling

Come SPIN your way to fitness! You've heard about it, now come and try it! This high-energy workout lets you train at YOUR fitness level in a group situation. In a

darkened room, with a top-notch instructor and great music – you will have FUN while getting into the shape of your life! Regardless of your age, fitness level or experience – you will LOVE this!

Choose any class on any day April 21 through June 14 for unlimited spinning for \$90.00. Just pre-register for each class at NO LIMIT Health and Fitness (775-8548). BABYSITTING AVAILABLE! NO LIMIT Health and Fitness is located at 1120 Federal Road, Brookfield and is the site for all of our cycling classes.

Choose from any of the following class sessions: Monday, 9:30 – 10:30 a.m. (with abs and arms)

Tuesday, 6:30 – 7:30 p.m.

Thursday, 6:30 – 7:30 p.m.

Saturday, 9:15 - 10:15 a.m.

Adult Fitness - Yoga

Yoga Basics

The perfect class series for absolute beginners! You will learn basic yoga poses (which will be modified based on your ability), as well as breathing and relaxation techniques in this well-rounded introduction to yoga. We'll practice mindfulness, stress reduction, and energy awareness so that you'll leave feeling empowered, relaxed and open. No experience necessary! Please note that YogaSpace has moved, they are now located at 78 Stony Hill Road in Bethel (across the street from the Big Y plaza).

Day: Monday Time: 7:30 p.m. - 8:45 p.m.

Dates: 4/21 – 5/19 (5 wks) Fee: \$75.00 Place: YogaSpace, 78 Stony Hill Road, Bethel

Instructor: YogaSpace Instructors

Adult Fitness - Tennis, continued



Adult Beginner Tennis Lessons

This class is designed for the beginner adult who has never really played much tennis but wants to learn. We will cover the basic strokes in tennis: forehand, backhand, volley, serve,

overhead and lob. In addition, you will learn basic USTA rules of the game, how to play the game, and keep score. Please wear a good pair of sneakers, and bring a racquet whose grip fits comfortably in your hand, sunscreen and plenty of water. (We do have a few racquets if you do not have one.) Hats and sunglasses and a water bottle are suggested.

Day: Saturday Time: 8:30 - 9:30 a.m. Session 1: 6/14 - 7/5 (4 wks) Fee: \$44.00/session

Session 2: 7/26 - 8/23 (4 wks) - no class 8/16

Place: BHS Tennis Courts

Instructor: Elaine Gregory, BHS Girls' Coach

Intermediate Tennis for Adults

This class is for the adult tennis player who wants to take the next step beyond the beginner level. This class will focus on better execution of strokes and serve, game strategy and play, as well as tennis rules and match scoring. This class will include drills and game play.

Day: Tuesday Time: 6:30 - 7:30 p.m.

Dates: 6/17 – 7/8 (4 wks) Fee: \$44.00

Place: BHS Tennis Courts Instructor: Elaine Gregory

Tennis partner, anyone?

We have had requests from several residents who are looking for additional people to play. If you are interested in being contacted by other residents who enjoy tennis or would like to contact others, please email Donna Korb, Administrative Assistant at dkorb@brookfieldct.gov by May 2. She may also be reached by phone at 775-7310.

Please include your name and preferred method of contact (including phone number or email address). It would also be helpful if you noted whether you prefer singles or doubles as well as your approximate playing level if known. We will be compiling a list to distribute to all who responded in mid-May.

Youth Employment Program

Need help mowing your lawn? Or do you need a night out of the house, but have no one to watch your children? Our Youth Employment Program consists of young ladies and gentlemen that are looking to help you out, and make some money in the process.

Our list of services includes not only babysitting and mowing, but weeding, raking, shoveling, house and pet sitting, washing cars, household chores, and helping you clean out that garage or attic you keep saying you're going to get to.

For a list of interested workers, and for students seeking employment, please contact Donna Korb at dkorb@brookfieldct.gov or call 775-7310.

Adult Fitness - Golf



Adult Golf Lessons

Open to golfers of all skill levels, these classes are intended to provide students with a solid base in the fundamentals of golf, as well as to get them prepared to play and

to enjoy the game. The classes are ideal for both beginners who have never played before and for more experienced players who want to improve one or all aspects of their game. The typical class schedule is:

Class 1: Introduction/Set-up and Swing with Irons Class 2: Review/Set-up and Swing with Woods

Class 3: Pitch Shots and Bunker Play

Class 4: Chipping and Putting

Also included during these classes will be work on faults and fixes, drills, rules and etiquette, course management and strategy, some computer video swing analysis, and much more. Students can bring their own clubs, or Golf Quest will provide them for you. A 7-iron and 5-iron will be used during class 1 and clubs for other sessions will be discussed during class. Fee is \$120.00 for any one month of four classes. April classes meet 6:00 – 7:00 p.m. May through August classes meet 6:30–7:30 p.m.

April: 4/1, 4/8, 4/15, 4/22 (Tuesdays) May: 5/5, 5/12, 5/19, 6/2 (Mondays) June: 6/5, 6/12, 6/19, 6/26 (Thursdays) July: 7/9, 7/16, 7/23, 7/30 (Wednesdays) Aug: 8/5, 8/12, 8/19, 8/26 (Tuesdays)

Women Only Classes (Beginner)

April: 4/2, 4/9, 4/16, 4/23 (Wednesdays) May: 5/1, 5/8, 5/15, 5/22 (Thursdays) June: 6/3, 6/10, 6/17, 6/24 (Tuesdays) July: 7/7, 7/14, 7/21, 7/28 (Mondays) Aug: 8/6, 8/13, 8/20, 8/27 (Wednesdays)

Adult Intermediate

May: 5/7, 5/14, 5/21, 5/28 (Wednesdays) June: 6/9, 6/16, 6/23, 6/30 (Mondays) July: 7/8, 7/15, 7/22, 7/29 (Tuesdays) Aug: 8/7, 8/14, 8/21, 8/28 (Thursdays)

Senior Golf League - 55+

This golf league entering its fifth season provides men and women age 55 and over the opportunity to have fun playing with friends old and new at Sunset Hill Golf Course in Brookfield. Expected start date of Tuesday, May 6 with play continuing on Tuesday mornings through late October/early November (weather permitting). Rotating foursomes and a variety of formats will keep play fresh all season. Choice of playing 9 or 18 holes with or without cart (fees vary per week depending on option selected and ranged from \$10 – \$40 in 2013.) League entry fee of \$15.00 to Parks & Recreation due before you will be scheduled and must be paid 1 week before your first match. Complete details will be available in late March on our website www.brookfieldct.gov/rec.

Tots Activities

New ~ Parent & Me Total Sports Squirts®

The US Sports Institute's Parent & Me Total Sports Squirts program allows children age 2-3 to experience a new sport in each session of the program with a helping hand from Mom or Dad! Children have the opportunity to try T-Ball, lacrosse, soccer, basketball, floor hockey, parachute games and more in a safe and structured environment. The Total Sports Squirts program is ideal for any child that needs a little help from Mom or Dad. This is an excellent opportunity for you to spend quality time together whilst easing your child into social situations with support and confidence, which will enable them to move onto our Total Sports Squirts classes. As with all Squirts programs, the emphasis is on safety, fun and learning. All sports are presented in a positive and relaxed environment with an emphasis on participation, interaction and communication.

Day: Sunday Time: 11:00 – 11:45 a.m.

Dates: 4/27 – 6/15 (7 wks) – no class 5/25 Place: Huckleberry Hill School, front field

Fee: \$105.00



New ~ Total Sports Squirts®

USSI's Total Sports Squirts programs allows children age 3 to 5 to experience a new sport in each session of the program. Participants have the opportunity to try lacrosse, soccer, basketball, t-ball, floor hockey, parachute games and more in a safe, structured

environment. The Total Sports Squirts program is ideal for the child who wants to try their hand at a little of everything. As your child develops a favorite sport, they can then move on to one of our sports specific Squirts classes. As with all Squirts programs, the emphasis is on safety, fun and learning. All sports are presented in a positive and relaxed environment with an emphasis on participation, interaction and communication.

Day: Sunday Time: 12:00 – 1:00 p.m.

Dates: 4/27 – 6/15 (7 wks) – no class 5/25 Place: Huckleberry Hill School, front field

Fee: \$125.00



Singing and Signing Time with Ms. Janine at the Bandstand

Singer/Signer/Songwriter/Guitarist, Janine LaMendola "Ms. Janine" will be playing children's music with sign language fun at the

Bandstand this spring and summer. It doesn't matter if you come with your infant, toddler or preschooler, or if you're a teenager. You're guaranteed to learn several signs and have fun at the same time! In case of bad weather please join her inside the Town Hall. A sign will be posted as to what room. All ages welcome!

Spring Session: Wednesday, 4:15 - 5:00 p.m.

Dates: 5/7, 5/14, 5/21, 5/28 (4 wks)

Summer Session: Wednesday, 3:00 - 3:45 p.m.

Dates: 7/9, 7/16, 7/23, 7/30 (4 wks)

Place: Town Hall Bandstand, 100 Pocono Road

Fee: Free

Tots Activities, continued



Tumbling Tots

Tumbling Tots class follows a curriculum designed to develop self-esteem, strength, flexibility, gross motor skills, and improve your child's overall physical fitness level. This program is open to boys and girls

age 2 - 4 without their parent or caregiver participating.

Dav: Tuesdav Time: 9:30 - 10:15 a.m.

Day: Tuesday Time: 9:30 - 10:15 a.m. Session 1: 4/22, 4/29, 5/6, 5/13 (4 wks)

Session 1: 4/22, 4/29, 5/6, 5/13 (4 wks) Session 2: 5/27, 6/3, 6/10, 6/17 (4 wks)

Place: Spirit Evolution & Athletics Training Center LLC Instructor: Erica Rendino Fee: \$49.00/session

Mother's Morning Out

This pre-school readiness program is designed for children age 2-5 (without parent/caregiver) to experience the joy of learning, cooperative play and social interaction with other children in hopes to prepare them for their first preschool experience. A typical class includes circle time, songs and parachute play, weather, group gym games, an arts & craft project and a story. Appropriate transitions between activities allow children to recognize and become familiar with the structure of the day and to look forward to the next activity. Children must turn two by the start of the program and do not need to be potty trained. Please pack a snack and a drink for your child each class.

<u>Day: Wednesday</u> <u>Time: 9:15 – 11:15 a.m.</u>

Session 1: 4/23, 4/30, 5/7, 5/14 (4 wks) Session 2: 5/21, 5/28, 6/4, 6/11 (4 wks) Place: Congregational Church Room 3/4

<u>Day: Friday</u> <u>Time: 9:15 – 11:15 a.m.</u>

Session 1: 4/25, 5/2, 5/9, 5/16 (4 wks) Session 2: 5/23, 5/30, 6/6, 6/13 (4 wks) Place: Congregational Church Room 3/4 Instructors: KidsFit Fee: \$87.00/session

Stretch & Glow Yoga Ages 3-6

This class introduces yoga in a way that is playful, imaginative and just right for preschool/Kindergarten! The children's busy imaginations will lead us on exciting yoga adventures. We will visit the jungle to learn Lion Pose, travel to the Arctic for Polar Bear Pose or spend a day at the beach learning Fish and Crab Pose. We will focus on crossing the midline, building core strength, improving balance and releasing energy! This is a drop-off program. Day: Tuesday Time: 1:30 – 2:30 p.m.

Dates: 4/22 – 5/27 (6 wks)

Place: SOUND, 31 Hawleyville Road, Newtown Instructor Kaitlin Dunseith Fee: \$96.00

Story Time Yoga

Especially created for children under age 5 and their caregiver, children's stories and songs will come to life as we read and sing about animals and other nature elements that relate to yoga poses. Children and caregivers will be invited to try each pose and then we will continue on with our song or story. This is a fun and relaxed environment, perfect for introducing the youngest yogis to the joys of reading, singing and yoga! Sibling discounts are available.

Day: Thursday Time: 9:30 - 10:30 a.m. Dates: 4/24 - 5/29 (6 wks) Fee: \$140.00

Place: SOUND, 31 Hawleyville Road, Newtown

Center After School

Get into the Kitchen

Children in grades K and 1 will enjoy making no cook and cooked foods, as well as hands on activities involving food and measurement. Recipes will be duplicated in the classes on Wednesday and Thursday each week, but will change each session. Classes meet in the Center School Pre-School Room, 3:30 – 4:30 p.m. Fee is \$45.00/session. Please make us aware of any food allergies or cultural restrictions when registering.

<u>Day: Wednesday</u> <u>Instructor: Ann Salinger</u>

Session 1: 4/23. 4/30, 5/7, 5/14 (4 wks) Session 2: 5/21, 5/28, 6/4, 6/11(4 wks)

Day: Thursday Instructor: Ann Salinger

Session 1: 4/24, 5/1, 5/8, 5/15 (4 wks) Session 2: 5/22, 5/29, 6/5, 6/12 (4 wks)

Pillow Polo

Physical fitness, agility and coordination are the benefits from this team sport for grades K and 1. Rules of floor hockey are followed and nerf equipment is used.

Day: Tuesday Time: 3:30 - 4:30 p.m.

Dates: 4/22 - 6/10 (8 wks)

Place: Center School - Gym Fee: \$40.00

Instructor:

Sports Celebrated!

Exercise and fun are the key elements of this class. Children in grades K and 1 will develop basic skills in several indoor games and sports.

Day: Monday Time: 3:30 – 4:30 p.m.

Dates: 4/21 - 6/16 (8 wks) - no class 5/26

Place: Center School Gym Fee: \$40.00/session

Instructor: Matt Novacco



Little Dragons

Students in grades K - 1 will be introduced to martial arts and character development through weekly themes including: laser beam focus, 3 rules of concentration, 20 ways to respect your teacher, coordination, self discipline, self control,

physical fitness and more. The basic martial arts skills taught will prepare students to break a board and test for their white belt after the course ends. The purchase of a uniform or T-Shirt to wear in class is optional and must be arranged by visiting Zandri's Martial Arts directly prior to the first class. Contact them at 775-7150.

Day: Thursday Time 3:30 - 4:00 p.m.

Dates: 4/24 – 5/15 (4 wks) Fee: \$28.00

Place: Center School Cafe

Center After School, continued

Kindergarten Enrichment and Fun!

This enrichment program is designed to help children currently in Kindergarten advance in the skills they need to master in Kindergarten. This class is taught by a CT certified teacher whose focus is on teamwork and increasing each child's self-confidence. Children will have a blast and learn at the same time! They will play twister and go fishing to practice number recognition, they will play bingo and memory to practice their sight words, they will work as a team to complete phonics puzzles and addition puzzles, and they will engage in many more learning activities. Class size is limited to 8 children to allow for individual attention. Please have your child bring a snack and drink each week.

Day: Monday Time: 12:50 – 2:00 p.m.

Session 1: 4/21, 4/28, 5/5, 5/12 (4 wks) Session 2: 5/19, 6/2, 6/9, 6/16 (4 wks)

Place: Center School Room

Instructor: Angela Termotto Fee: \$50.00/session



Drawing Mixed Media

Paint, Draw & More! drawing classes teach young artists in grades K - 1 to draw what they see, to enhance their drawings with

their own ideas and concepts, and to use different materials in creative ways. Students learn to draw in a non-competitive, creative and fun environment. This art program helps children build self-esteem through personal drawing success, and helps them develop an understanding of spatial and color relationships. We will use pencils, markers, watercolors, chalk and oil pastels, etc. to draw animals, still life, landscapes, and more. Drawing concepts like composition, shading and perspective will be taught. We use the highest quality materials we can to help our students obtain the best results for their efforts. For more information about Paint Draw and More programs, visit www.paintdrawmore.com

Day: Thursday Time: 3:30 – 4:30 p.m.

Dates: 5/15 – 6/5 (4 wks)
Place: Center School Art Room

Fee: \$69.00

Huckleberry After School



The Wizard's School of Magic

Students in grades 1-4 will learn five magic tricks from Tom O'Brien, a full-time professional magician, whose credits also include appearances on the Fox 61 Morning Show and WFSB's Better Connecticut. Tom O'Brien is a master at his craft

and is a wonderful and entertaining teacher as well. All students will receive their own magic kits containing the props necessary to perform the tricks at home, and a magic wand! Please register soon before the spaces – alakazaam - disappear!

Instructor: Tom O'Brien Fee: \$15.00 each

Abracadabra - Magic Workshop 1:

Tuesday 4/29, 3:30 - 4:30 p.m. HHES Room

Hocus Pocus - Magic Workshop 2:

Tuesday 5/13, 3:30 - 4:30 p.m. HHES Room

Presto – Magic Workshop 3:

Tuesday 6/3, 3:30 - 4:30 p.m. HHES Room

Huckleberry After School, continued

Kids are Cooking

Students in grades 2 through 4 will enjoy making no cook and cooked foods, as well as hands on activities involving food and measurement. Some of the recipes may include: waffles and pancakes, tacos with shredded chicken, turkey sloppy joes, BLT Panini with cheese, or ice cream. We'd share others with you, but are getting too hungry as it is! Please make us aware of any food allergies or cultural restrictions when registering.

<u>Day: Monday</u> Time: 3:30 – 4:30 p.m.

Session 1: 4/21, 4/28, 5/5, 5/12 (4 wks) Session 2: 5/19, 6/2, 6/9, 6/16 (4 wks)

Day: Tuesday Time: 3:30 – 4:30 p.m.

Session 1: 4/22, 4/29, 5/6, 5/13 (4 wks) Session 2: 5/20, 5/27, 6/3, 6/10 (4 wks)

Place: HHES Art Room Fee: \$48.00/session

Instructor: Ann Salinger

Junior Floor Hockey

Students in grades 2 - 4 will learn the basic rules of floor hockey and participate in games. All students are required to bring their own goggles.

Day: Monday Time: 3:30 – 4:30 p.m.

Dates: 4/28 - 6/16 (7 wks) - no class 5/26

Place: HHES Lower Gym Instructor: Danielle Olivier

Fee: \$35.00

New ~ Mixing it Up with Ms. Olivier

Students in grades 2 – 4 will play a variety of indoor and

outdoor sports and games.

Day: Tuesday Time: 3:30 – 4:30 p.m.

Dates: 4/29 – 6/10 (7 wks) Fee: \$35.00

Place: HHES Lower Gym Instructor: Danielle Olivier



Bowling

Each class features two games of bowling for students in grades 2 - 4. Bus transportation is provided from Huckleberry Hill School to Brookfield Lanes by school bus. When sending

in a note each week to the school, please include that your child is attending bowling on bus #9. Pick- up is at Brookfield Lanes. Students may bring money with them in order to purchase a snack at the snack bar. Please note that the 3:30 p.m. start includes transportation time. Students do not arrive at Brookfield Lanes until approximately 4:15 p.m.

Day: Thursday Time: 3:30 - 5:30 p.m.

Session 1: 4/24, 5/1, 5/8, 5/15 (4 wks) Session 2: 5/22, 5/29, 6/5, 6/12 (4 wks)

Instructor: Matt Novacco and Brianna Gianfranceschi Place: Brookfield Lanes Fee: \$52.00/session



Flag Football

Students in grades 2- 4 will be introduced to the basics in this non-contact class.

Day: Wednesday Time: 3:30 – 4:30 p.m. Dates: 4/30 – 6/11 (7 wks) Fee: \$35.00

Place: HHES Lower Gym Instructor: Matt Novacco

Huckleberry After School, continued

New ~ LEGO® Green Engineering

This curriculum uses Lego Renewable Energy Lab kits and is designed to help students in grades 2-4 grasp the abstract and sometimes difficult concept of energy through captivating and hands-on activities. Building projects such as turbine windmill, solar car and more will bring these science concepts alive!

Day: Tuesday Time: 3:30 – 4:45 p.m.

Dates: 4/29, 5/6, 5/13, 5/20, 5/27 (5 wks)
Place: HHES Room Fee: \$95.00

Stretch & Glow Yoga I ages 6-10

This class introduces more challenging yoga poses and yoga games in a playful and supportive atmosphere. We will focus on balance, coordination and flexibility as we practice holding poses for a longer period of time. Children will learn breathing exercises that can help them maintain focus and self-control during their busy school days.

Day: Tuesday Time: 4:45 – 5:45 p.m.

Dates: 4/22 - 6/10 (8 wks)

Place: SOUND, 31 Hawleyville Road, Newtown Instructor Kaitlin Dunseith Fee: \$96.00

USTA Junior Tennis

Brookfield Parks & Recreation and the United States Tennis Association New England are forming a Junior Team Tennis league.

USTA Jr. Team Tennis is a recreational tennis league for children ages 5–18 with some previous tennis experience. Children play on co-ed teams offering a fun and competitive environment. USTA Jr. Team Tennis allows participants (adv. beginner, intermediate and advanced) to compete with and against individuals of similar age and skill level. Teams have the opportunity to advance to state, sectional and national championship events.

The season will run June 12 through July 27 with a practice once a week and a match once a week. Three home meets will be played on Saturday afternoons on the BHS Courts and three away meets TBA in towns throughout Fairfield County. Every effort will be made to have practice on a set day and time each week when all team members can participate.

Total fee to participate is \$116. \$75 will be paid directly to Parks & Rec at registration for coaches' fees and team t-shirt. \$41 will be paid when you register for your team online and includes USTA membership and the fee for the league. You **MUST** register with Parks and Recreation by Wednesday, May 14 in order to play.

To learn more about Junior Team Tennis please join us for an informational meeting on Thursday, May 8 at 6:00 p.m. in Town Hall Room 129.

Huckleberry After School, continued

Basic Drawing and Watercolor

Students in grades 2 – 4 will join artist Victoria Lange in learning basic drawing and watercolor techniques. Each student will receive individualized attention to be successful at their ability level, culminating with the completion of a painting. Please ask for a materials list when registering. (Materials cost is approximately \$40.00.) Bring a snack and a drink each week.

Day: Tuesday Time: 3:30 – 5:00 p.m.

Dates: 4/22 - 6/10 (8 wks)

Place: Huckleberry Hill Upper Gym

Instructor: Victoria Lange Fee: \$85.00



Drawing Mixed Media

Paint, Draw & More! drawing classes teach young artists in grades 2-4 to draw what they see, to enhance their drawings with

their own ideas and concepts, and to use different materials in creative ways. Students learn to draw in a non-competitive, creative and fun environment. This art program helps children build self-esteem through personal drawing success, and helps them develop an understanding of spatial and color relationships. We will use pencils, markers, watercolors, chalk and oil pastels, etc. to draw animals, still life, landscapes, and more. Drawing concepts like composition, shading and perspective will be taught. We use the highest quality materials we can to help our students obtain the best results for their efforts. For more information about Paint Draw and More programs, visit www.paintdrawmore.com

Day: Friday Time: 3:30 – 4:40 p.m.

Dates: 5/16 - 6/13 (4 wks) - no class 5/23 Place: HHES Room Fee: \$69.00



French Fantastique

Offered as a before school activity! Studies have shown that the earlier a child is exposed to a second language, the more quickly they excel. Learn French the fun way through music, colorful crafts and instruction. Students in grades 2-4 will learn about French foods, geography, famous buildings, as well as the basic greetings, alphabet,

counting, colors and lots of vocabulary. Each student will receive a folder full of creative activities in French. Parents, please escort your child to class each week.

Day: Friday Time: 7:50 – 8:40 a.m.

Dates: 4/25 – 6/13 (7 wks) – no class 5/9
Place: HHES Room Fee: \$69.00

Instructor: Margee Minier

Español para Niños y Niñas

There are over 300 million Spanish-speakers in over 20 countries around the world -including the United States. Learning the language at an early age gives children a greater chance to become proficient as well as many lifelong advantages. This is a play-based program that will introduce children in grades 2 – 4 to conversational Spanish and to the colorful Latino culture through songs, games, and crafts.

Day: Wednesday Time: 3:30 – 4:30 p.m.

Dates: 4/23 - 6/11 (8 wks)

Place: HHES Room Instructor: Anna Prendi

Fee: \$79.00

Huckleberry After School, continued



Spring Riding Lesson Program

This course offers basic horse care, grooming, tacking up, and riding skills from beginner to advanced. The lesson program caters to students age three and up from beginners to seasoned veterans. Ev offers her lifetime of

experience and extensive knowledge of the sport with lessons that are hand tailored to each rider's needs to ensure that everyone may achieve their goals and full potential. Closely supervised instruction in a safe and nurturing atmosphere will provide students with solid foundations, the necessary skills to communicate properly with their horse and become good horsemen. Each package will include 4 private lessons of either half hour lessons (\$140) or 1 hour lessons (\$200). For more information please contact Ev at 203-470-4353 or visit www.brushyHillfarm.com. Brushy Hill Farm is located in Southbury, just 13 minutes from the flagpole in Newtown. In case of inclement weather, lessons will be held in an indoor ring. Register with the Parks & Recreation Office, and Ev from Brushy Hill Farm will contact you directly to set up a mutually convenient lesson time.

Intro to Breakdancing Grades 2-4

Breakdancing, breaking, boying, or b-girling is a popular style of street dance that was born and developed as part of hip-hop culture among African Americans and Latino youth in Bronx, New York in the 1970's. As a hip-hop dance, it is usually danced to hip hop music, and incorporates intricate body movements, strong acrobatic moves, coordination, style, spontaneity, and fashion. The dancers often participate in battles, formal or informal dance competitions between two or more individuals or dancing crews. Bus transportation is provided on bus#9 at dismissal from HHES. Please send in a blue note each week. Parent pick-up is at 5:15 p.m. at Spirit Evolution, 558 Federal Rd. Time: 4:15 - 5:15 p.m.

Dates: 4/21 - 6/16 (8 wks) - no class 5/26 Fee: \$108.00 Place: Spirit Evolution & Athletics Training Center LLC

Hip Hop for Grades 2-4

This introductory level Hip Hop class provides a structured method of learning various Hip Hop dance movements in a funfilled and vibrant class environment. Students will learn a new set of combinations and routines every time. Bus transportation is provided on bus#9 at dismissal from HHES. Please send in a blue note each week. Parent pick-up is at 5:15 p.m. at Spirit Evolution & Athletics Training Center, 558 Federal Road. Day: Tuesday Time: 4:15 - 5:15 p.m.

Dates: 4/22 - 6/10 (8 wks) Fee: \$108.00

Place: Spirit Evolution & Athletics Training Center LLC

CHEER*NASTICS

Athletes in grades 2 – 4 will improve their balance, flexibility, agility, and strength needed to perform tumbling skills in gymnastics and cheer. Easy enough for beginners but challenging enough for all current gymnasts and cheerleaders, classes will be geared toward the specific interests and abilities of the students enrolled. Please bring workout clothes, socks and clean sneakers. Bus transportation is provided on bus#9 at dismissal from HHES. Please send in a blue note each week. Parent pick-up is at 5:15 p.m. at Spirit Evolution & Athletics Training Center, 558 Federal Road.

Day: Friday Time: 4:15 - 5:15 p.m.

Dates: 4/25 - 6/13 (7 wks) - no class 5/23

Place: Spirit Evolution & Athletics Training Center LLC

Fee: \$126.00

Whisconier After School

Ice Cream Social -Grades 5 & 6



We're scooping up tons of fun for 5th and 6th Graders at our 16th Annual Ice Cream Social on Friday, June 13. Social will be held at the Town Park Beach (which will be closed to the public). and features games (volleyball/basketball),

swimming, and ice cream. Leave from WMS by chartered bus at 2:45 p.m. Parents are to pick up students at the Town Park at 5:00 p.m. Fee is \$10.00 per student, and preregistration is required.

Basic Drawing and Watercolor



Students in grades 5 - 8 will join artist Victoria Lange in learning basic drawing and watercolor techniques. Each student will receive individualized attention to be successful at their ability level, culminating

with the completion of a painting. Please ask for a materials list when registering. Materials cost is approximately \$40.00. Bring a snack and a drink each week. Late bus transportation is available from WMS after school for this program.

Day: Monday Time: 2:40 – 4:10 p.m.

Dates: 4/21 - 6/16 (8 wks)-no class 5/26

Place: WMS Art Room Instructor: Victoria Lange

Fee: \$85.00

Stretch & Glow Tween Yoga (ages 10-13)

This class introduces the practice of flowing smoothly through our yoga poses to build focus, concentration and determination. A greater focus on proper alignment, arm balances and strengthening poses will help children appreciate and understand their growing bodies. Breathing exercises and relaxation techniques will help children cope with stress in their everyday lives. We will incorporate cooperative yoga games and challenges to encourage teamwork and keep yoga fun!

Day: Tuesday Time: 3:45 - 4:45 p.m.

Dates: 4/22 - 6/10 (8 wks) Fee: \$96.00 Place: SOUND, 31 Hawleyville Road, Newtown

Instructor Kaitlin Dunseith

Diamond Edge Training

Diamond Edge trains athletes in all sports. We also train students who don't participate in organized sports that would like to improve their fitness levels. Using cutting edge equipment along with station to station conditioning, we ensure each student improves their explosive power, speed development, core strength, acceleration, deceleration, balance & stability, flexibility, coordination and movement mechanics. Workouts are designed for boys and girls age 9 and up regardless of skill or fitness level and a 5:1 instructor to student ratio will be maintained.

Dav: Thursday Time: 2:40 - 4:10 p.m.

Dates: 4/24 – 6/12 (8 wks) Fee: \$85.00

Place: WMS Gym

Whisconier After School, continued

USTA Junior Tennis

Brookfield Parks & Recreation and the United States Tennis Association New England are forming a Junior Team Tennis league.

USTA Jr. Team Tennis is a recreational tennis league for children ages 5–18 with some previous tennis experience. Children play on co-ed teams offering a fun and competitive environment. USTA Jr. Team Tennis allows participants (adv. beginner, intermediate and advanced) to compete with and against individuals of similar age and skill level. Teams have the opportunity to advance to state, sectional and national championship events.

The season will run June 12 through July 27 with a practice once a week and a match once a week. Three home meets will be played on Saturday afternoons on the BHS Courts and three away meets TBA in towns throughout Fairfield County. Every effort will be made to have practice on a set day and time each week time when all team members can participate.

Total fee to participate is \$116. \$75 will be paid directly to Parks & Rec at registration for coaches' fees and team t-shirt. \$41 will be paid when you register for your team online and includes USTA membership and the fee for the league. You **MUST** register with Parks and Recreation by Wednesday, May 14 in order to play.

To learn more about Junior Team Tennis please join us for an informational meeting on Thursday, May 8 at 6:00 p.m. in Town Hall Room 129.

Golf Lessons for Juniors

These classes are intended to provide students ages 8 – 15 with a solid base in the fundamentals of golf, as well as to get them prepared to play and to enjoy the game. The

classes are ideal for both beginners who have never played before and for more experiences players who want to improve one or all aspects of their game. Also included will be work on faults and fixes, drills, rules and etiquette, course management and strategy, some computer video swing analysis, and much more. Students can bring their own clubs, or Golf Quest will provide them for you. A 7-iron and 5-iron will be used during class 1 and clubs for other sessions will be discussed during class. Fee is \$120.00 for any one month of four classes. All classes meet 4:30 – 5:30 p.m. at Golf Quest, 1 Sand Cut Road.

April: 4/1, 4/8, 4/15, 4/22 (Tuesdays) May: 5/5, 5/12, 5/19, 6/2 (Mondays) June: 6/5, 6/12, 6/19, 6/26 (Thursdays) July: 7/9, 7/16, 7/23, 7/30 (Wednesdays) August: 8/5, 8/12, 8/19, 8/26 (Tuesdays)

Whisconier After School, continued



ARC Babysitter's Training

American Red Cross Babysitter's Training gives 11-15 year olds the skills and confidence they need to become great babysitters. This 6-hour class covers training

in care giving, decision making, safety and first aid skills, and preventing and responding to emergencies. Course participants receive The Babysitter's Training Handbook, which provides course review and 30 easy-to-follow first aid action plans for handling emergencies. Red Cross Babysitter Certification will be awarded upon successful completion. Please bring a lunch and drink and a pen or pencil. Class meets in the Town Hall.

Day: Saturday Time: 9:00 a.m. – 3:00 p.m.

Date: 5/10 Fee: \$65.00

Place: Town Hall Room 133 Instructor: Peggy Boyle

Volleyball Clinic

Students in grades 5-8 will learn the basics of volleyball including: serving, hitting, passing, setting and court position. This is a great program for those who are considering playing volleyball at BHS and want to learn more about the sport, as well as for those who just want to get some exercise and have some fun!

Day: Tuesday Time: 2:40 – 4:10 p.m. Dates: 4/22 – 5/27 (6 wks) Place: WMS Gym

Instructor: Brianna D'Arcangelo

Fee: \$59.00

New~ Intro to Field Hockey

Designed for students in grades 5-8 with no previous experience playing, this program will provide a foundation for stick skills, ball handling, sport rules and teamwork. Students should bring a mouth guard, shin guards and a stick (if you have one). Instructor Jackie Scholten is the BHS Varsity Field Hockey coach.

Day: Wednesday Time: 2:40 – 4:10 p.m. Dates: 4/23 – 5/28 (6 wks) Place: WMS Gym

Fee: \$59.00

New ~ CrossFit (Ages 13- 18)

CrossFit is for any age, but it is never more important to learn the correct way to exercise than at a young age. CrossFit uses constantly varied functional movements at high intensity. What that means is we use movements that you do in everyday life, such as squats (sitting down), overhead presses (putting something up on a shelf) and deadlifts (picking things up off of the ground) which will increase your strength. We also incorporate bodyweight exercises such as box jumps, pull ups, pushups and jump ropes to help increase your stamina. In every class we will work on a specific strength movement and then put you through a 15-20 minute high intensity workout combining everything you have learned. Please bring a water bottle and wear clothes that allow you to move freely.

Day: Monday and Wednesday Time: 4:00 – 5:00 p.m.

Dates: 4/21 – 6/16 (8 wks) – no class 5/26 Place: CrossFit Brookfield, 355 Federal Road

Fee: \$132.00

Whisconier After School, continued

Intro to Breakdancing Grades 5-8

Breakdancing, breaking, boying, or b-girling is a popular style of street dance that was born and developed as part of hiphop culture among African Americans and Latino youth in Bronx, New York in the 1970's. As a hip-hop dance, it is usually danced to hip hop music, and incorporates intricate body movements, strong acrobatic moves, coordination, style, spontaneity, and fashion. The dancers often participate in battles, formal or informal dance competitions between two or more individuals or dancing crews. Bus transportation is provided on bus#11 at dismissal from WMS. Please send in a blue note to WMS giving your child permission to take bus #11 for the duration of the program. Parent pick-up is at 4:15 p.m. at Spirit Evolution & Athletics Training Center, 558 Federal Road.

Day: Monday Time: 3:15 – 4:15 p.m.

Dates: 4/21 - 6/16 (8 wks) - no class 5/26

Place: Spirit Evolution & Athletics Training Center LLC

Fee: \$108.00

Hip Hop for Grades 5-8

This introductory level Hip Hop class provides a structured method of learning various Hip Hop dance movements in a fun-filled and vibrant class environment. Students will learn a new set of combinations and routines every time. Bus transportation is provided on bus#11 at dismissal from WMS. Please send in a blue note to WMS giving your child permission to take bus #11 for the duration of the program. Parent pick-up is at 4:15 p.m. at Spirit Evolution & Athletics Training Center, 558 Federal Road.

Day: Tuesday Time: 3:15 – 4:15 p.m.

Dates: 4/22 – 6/10 (8 wks) Fee: \$108.00

Place: Spirit Evolution & Athletics Training Center LLC

CHEER*NASTICS

Athletes in grades 5-8 will improve their balance, flexibility, agility, and strength needed to perform tumbling skills in gymnastics and cheer. Easy enough for beginners but challenging enough for all current gymnasts and cheerleaders, classes will be geared toward the specific interests and abilities of the students enrolled. Please bring workout clothes, socks and clean sneakers. Bus transportation is provided on bus#11 at dismissal from WMS. Please send in a blue note to WMS giving your child permission to take bus #11 for the duration of the program. Parent pick-up is at 4:15 p.m. at Spirit Evolution & Athletics Training Center, 558 Federal Road.

Day: Friday Time: 3:15 – 4:15 p.m.

Dates: 4/25 - 6/13 (7 wks) - no class 5/23

Place: Spirit Evolution & Athletics Training Center LLC

Fee: \$126.00

Brookfield High School

College Planning 101: Introduction to Admissions

Your Junior is about to begin the college admissions process. But where to start? Which test should you take--SAT or ACT or both? And when? What is going on with the new SAT? Next--How do you choose schools? When do you visit? When and how do you apply? This seminar provides a road map to the process based on the experiences of seasoned admissions councilors. It is geared toward the families of Juniors entering the process and Sophomores who want a head start. Parents and their student should both attend. Choose the date that is best for your family.

Spring Session: Wednesday, June 18
Summer Session: Thursday, August 21

Time: 6:00 - 8:00 p.m. Fee: \$25.00 per family/session

Place: Tutoring Club, 270 Federal Road

Instructors: Andrew Hill, Director - College Prep and Bill

Gross, Director & Admissions Councilor



USTA Junior Tennis

Brookfield Parks & Recreation and the United States Tennis Association New England are forming a Junior Team Tennis league.

USTA Jr. Team Tennis is a recreational tennis league for children ages 5–18 with some

previous tennis experience. Children play on co-ed teams offering a fun and competitive environment. USTA Jr. Team Tennis allows participants (adv. beginner, intermediate and advanced) to compete with and against individuals of similar age and skill level. Teams have the opportunity to advance to state, sectional and national championship events.

The season will run June 12 through July 27 with a practice once a week and a match once a week. Three home meets will be played on Saturday afternoons on the BHS Courts and three away meets TBA in towns throughout Fairfield County. Every effort will be made to have practice on a set day and time each week time when all team members can participate.

Total fee to participate is \$116. \$75 will be paid directly to Parks & Rec at registration for coaches' fees and team t-shirt. \$41 will be paid when you register for your team online and includes USTA membership and the fee for the league. You **MUST** register with Parks and Recreation by Wednesday, May 14 in order to play.

To learn more about Junior Team Tennis please join us for an informational meeting on Thursday, May 8 at 6:00 p.m. in Town Hall Room 129.

Are you Ready for SAT or ACT?

The only way to find out is take the real thing. Students start by taking an actual complete "official" SAT or ACT exam (4 hours). We also offer a hybrid SAT/ACT exam for students debating between tests. Next, an individual one hour follow-up session is scheduled with our certified admissions counselor to review the detailed exam results as well as share a simple roadmap for college planning. Note: Fee is contributed to BHS or student's PTSO. Choose one of the dates below to attend.

Day: See Below Time: 10:00 a.m. – 2:00 p.m. Dates: 4/26, 5/17 (Saturdays); 6/26, 7/24, 8/21 (Thursdays)

Fee: \$35.00/session

Place: Brookfield Tutoring Center, 270 Federal Rd. Instructors: Andrew Hill, Director-College Prep; Bill Gross,

Director & Certified Counselor

Full Day Camps - Camp Cadigan

CAMP REGISTRATION BEGINS APRIL 7. We will be communicating important camp information via email this summer, please supply us with an email address when registering. Please plan ahead; we will not accept registrations for camps on the day they begin.

WEEK 1: June 30 – July 3 (Monday – Thursday, no camp 7/4)

WEEK 2: July 7 - 11 WEEK 3: July 14 - 18 WEEK 4: July 21 - 25

WEEK 5: July 28 - August 1

WEEK 6: August 4 - 8

Camp Cadigan 2014

- Full-Day Camp for students entering grades 3 6.
- Extended hours available at an additional charge.
- Camp will spend the mornings at Huckleberry Hill School with a variety of traditional indoor/outdoor camp experiences and activities.
- Trips are taken by school bus every afternoon. Three times a week to local entertainment venues in the Greater Danbury Area for bowling, mini-golf, movies, etc. Campers will visit the Town Park Beach twice a week in the afternoon.
- Experienced, college-aged counselors.
 Camper/counselor ratio does not exceed 6:1 and is often quite lower.
- Pizza Wednesdays are included in the cost of camp. Detailed letters will be emailed out to the parent(s) of all

registered campers the Friday before their session begins.

Days: Monday - Friday Time: 9:00 a.m. to 5:00 p.m.

Place: HHES Weeks: See above

Fee: \$210.00/week*

*Please note that the fee for week #1 has been discounted to \$168.00 because of the shortened week.

Camp Cadigan Extended Hours

Campers can come to Camp Cadigan as early as 8:00 a.m., and stay as late as 6:00 p.m. **PRE-REGISTRATION IS REQUIRED**. Fee is \$20.00 per week (\$4.00 per day) for either early drop off or late pick up.

Camp Cadigan usually meets at Cadigan Pavilion.

Cadigan Park will be under construction during the 2014 camp season, so camp has been relocated to Huckleberry Hill School for the mornings. Pick up will be at 5:00 p.m. at the Town Hall Bandstand.

What is a typical day at Camp Cadigan for 2014?

9:00 - 9:30 a.m. Camper's Choice (Board Games)

9:30 - 10:15 a.m. Group Games

10:15 - 10:30 a.m. Snack

10:30 a.m. - 12:00 p.m. Group Games or Crafts

12:00 - 12:45 p.m. Lunch/Playground

1:00 - 4:30 p.m. Trip

4:30 - 5:00 p.m. Activities at Bandstand

Full Day Camps - Camp Voyager

CAMP REGISTRATION BEGINS APRIL 7. We will be communicating important camp information via email this summer, please supply us with an email address when registering. Please plan ahead; we will not accept registrations for camps on the day they begin.

WEEK 1: June 30 – July 3 (Monday – Thursday, no camp 7/4)

WEEK 2: July 7 - 11 WEEK 3: July 14 - 18 WEEK 4: July 21 - 25

WEEK 5: July 28 - August 1

WEEK 6: August 4 - 8

Camp Voyager

- Full-Day Camp for students entering grades 5 8.
- Extended hours available at an additional charge.
- College-aged, experienced counselors. Camper to counselor ratio will not exceed 8:1 and is often quite lower.
- Everyday is a new destination: State Parks, bowling, miniature golfing, amusement parks, water parks, baseball games and more.
- All trips, bus transportation, and a T-shirt for each camper are included in fee.
- Air-conditioned coach buses are used to transport campers on all trips 45 minutes away or longer. On shorter trips (usually Mondays) we use school buses.
- We're sorry, but we do not have schedules available at registration. We do our best to ensure that each week provides a variety of activities and experiences for campers, including a visit to Lake Compounce or Brownstone Exploration & Discovery Park.

A schedule of all activities, as well as detailed letters will be emailed to the parent(s) of all registered campers the Friday before their session begins.

Days: Monday - Friday Time: 9:00 a.m. to 5:00 p.m.

Place: HHES Gym Weeks: See above

Fee: \$270.00/week

*Please note that the fee for week #1 has been discounted to \$216.00 because of the shortened week.

Camp Voyager Extended Hours

Campers can come to Camp as early as 8:00 a.m., and stay as late as 6:00 p.m. **PRE-REGISTRATION IS REQUIRED**. Fee is \$20.00 per week (\$4.00 per day) for either early drop off or late pick up.

Where are some of the places that Camp Voyager went during the summer of 2013?

Danbury Duck Pin, Kent Falls, Rocky Neck State Park,
Lake Compounce, Lore's Lanes, The Trampoline Place,
New Britain Rock Cats, Maritime Aquarium, Brownstone
Discovery Park & Exploration Center, and Mountain Creek
(just to name a few)

Full Day Camps-Camp Cornucopia

CAMP REGISTRATION BEGINS APRIL 7. We will be communicating important camp information via email this summer, please supply us with an email address when registering. Please plan ahead; we will not accept registrations for camps on the day they begin.



Camp Cornucopia

This camp is designed to pack as much fun as possible into the summer for students entering grades 3-6. In this week long camp, campers will spend about half of their day at

Huckleberry Hill School and the other portion on a trip. Trips may include the movies, bowling, miniature golfing and hiking or the Town Park Beach for swimming. While at camp, campers will have the opportunity to play group games, arts & crafts. All trip admissions and bus transportation for campers is included in the fee. A schedule of all activities, as well as suggestions for what to bring to camp each day will be emailed to the parent/guardian of all registered campers the Friday before the session begins.

Days: Monday - Friday Session 1: June 23 – 27 Session 2: August 11 - 15 Time: 9:00 a.m. to 5:00 p.m. Place: Huckleberry Hill School

Fee: \$210.00/session

Camp Cornucopia Extended Hours

Campers can now come to Camp as early as 8:00 a.m., and stay as late as 6:00 p.m. **PRE-REGISTRATION IS REQUIRED**. Fee is \$20.00 per week (\$4.00 per day) for either early drop off or late pick up.

Counselor In Training Program

WEEK 1: June 30 - July 3 (Monday - Thursday, no camp 7/4)

WEEK 2: July 7 - 11 WEEK 3: July 14 - 18 WEEK 4: July 21 - 25 WEEK 5: July 28 – August 1 WEEK 6: August 4 - 8

Counselor in Training Program

Students ages 13 and 14 will learn the skills they will need to become successful camp counselors including; basic first aid, characteristics of children, leadership skills, games and arts & crafts. C.I.T's will receive instruction during camp hours (9:15 a.m. - 12:15 p.m.), and will be assigned to work with experienced counselors. Each C.I.T will receive a staff T-shirt and a folder of information Space is limited to 12 C.I.T.'s each session. Sign up for any or all sessions.

Days: Monday to Friday Time: 9:15 a.m. to 12:15 p.m.

Weeks: See above Place: HHES

Fee: \$42.00/week

*Please note that the fee for week #1 has been discounted to \$34.00 because of the shortened week.

Half-Day Camps

CAMP REGISTRATION BEGINS APRIL 7. We will be communicating important camp information via email this summer, please supply us with an email address when registering. Please plan ahead; we will not accept registrations for camps on the day they begin.

WEEK 1: June 30 – July 3 (Monday – Thursday, no camp 7/4)

WEEK 2: July 7 - 11 WEEK 3: July 14 - 18 WEEK 4: July 21 - 25 WEEK 5: July 28 - August 1

WEEK 6: August 4 - 8

Summer Better Than Others

Campers will participate in arts & crafts, games, daily theme days, weekly trips to the Town Park Beach (grades 2- 5), and much more. Children must be entering 1st – 5th grade in order to attend camp. Camper to counselor ratio will not exceed 8:1 and is often much lower.

Days: Monday to Friday Time: 9:15 a.m. - 12:15 p.m.

Place: Huckleberry Hill School

Weeks: See Above Fee: \$64.00/week

*Please note that the fee for week #1 has been discounted to

\$51.00 because of the shortened week.



Camp Pee Wee

For children ages 3-1/2, 4 or entering kindergarten. Campers will be involved in arts & crafts, games, story time, and daily

theme activities. Our camper to counselor ratio will not exceed 6:1 and is often lower. All children attending must have turned 3 years old by December 31, 2013.

Days: Monday to Friday Time: 9:15 a.m. - 12:15 p.m.

Place: Huckleberry Hill School

Weeks: See above Fee: \$64.00/week

*Please note that the fee for week #1 has been discounted to

\$51.00 because of the shortened week.

Important Information for Camp Summer Better than Others and Camp PeeWee:

Camp groups are made the week before the start of each session. Counselors will be calling the parents of all campers a few days before the camp week starts to let them know what room to report to. Once your child is assigned to a group, you can assume that they will be with that group for the duration of their camp experience.

Children should be brought to their assigned rooms no earlier than 9:10 a.m. During drop off and pick up times, parents are required to accompany their child to his/her group and sign in, as well as sign out at the end of the day.

If your child is to be picked up by any other adult, a note stating this needs to be given to your child's counselors in the morning.

Children should wear sneakers and comfortable clothing to camp. There is also a snack time for campers each day. Please send snacks in containers clearly marked with your child's name. Snacks containing peanuts or tree nuts are not permitted at camp in order to keep those campers with severe allergies safe.

Sports Camps

CAMP REGISTRATION BEGINS APRIL 7. We will be communicating important camp information via email this summer, please supply us with an email address when registering. Please plan ahead; we will not accept registrations for camps on the day they begin.



Field Hockey Camp

Students entering grades 5-9 will practice passing, dribbling, shooting, and field hockey concepts. This camp is the perfect introduction for girls looking to learn the game in order to try out for the middle school or freshman team, as well as for those who have played before and are looking to reinforce their skills. Campers

will need to bring their own stick and a water bottle and snack each day. A T-shirt is included for all participants. In case of rain, camp will meet in the gym.

Days: Monday - Friday Place: WMS- front field

Time: 9:00 a.m. - 12:00 p.m. Fee: \$75.00

Dates: July 28 – August 1 (1 wk) Instructor: Barb Nanassy, WMS Coach



Summer Riding CampProgram

This program welcomes riders of all ability levels ages 3 and up. It includes a daily riding lesson, basic horsemanship, farm safety, grooming, horse care, and tacking up. There are

lots of horse related games, contests, professional demonstrations, and prizes. Photographs will be taken. During the daily riding lesson beginner levels will have a 1 to 1 ratio with a leader while intermediate and advanced levels will have a 1 to 3 ratio. Our indoor facility allows camp to be held rain or shine. Orientation for parents will be held the Monday starting each camp week at 8:00 a.m. Long pants, shoes with a heel, and a snack and drink are required. Brushy Hill Farm will provide helmets. For more information please contact Ev at 203-470-4353, email brushyhillfarm@gmail.com or visit our website at www.brushyHillfarm.com.

Day: Monday – Friday Time: 9:00 a.m. – 12:30 p.m. Session 1: June 23- 27 Session 2: July 14 – 18 Session 4: August 4-8

Session 5: August 11 - 15 Fee: \$250.00/session

Place: Brushy Hill Farm, 15 Coachmans Drive, Southbury



Junior Volleyball Camp

Open to students in grades 5-8 who want to learn or practice the basics including serving, passing, and hitting. This program is a great opportunity for middle school students who are

considering trying out for the BHS team. Please bring a snack and a water bottle. A T-shirt is included for all participants.

Days: Monday - Friday Dates: July 14 – 18 (1 wk)

Time: 9:00 a.m. – 12:00 p.m. Place: WMS Gym

Fee: \$75.00

Sports Camps, continued

CAMP REGISTRATION BEGINS APRIL 7. We will be communicating important camp information via email this summer, please supply us with an email address when registering. Please plan ahead; we will not accept registrations for camps on the day they begin.

Volleyball Camp

Recreational volleyball program for those entering grades 9-12. Return players will greatly benefit by honing their skills and learning new ones, and is a great opportunity to keep your skills up in the summer. Beginning players will learn the basics of passing, setting, hitting, serving, blocking, and court positioning. Conditioning will be incorporated into the camp as well. Bring a lunch and a water bottle, and get ready for some fun! Sign up for individual weeks (7/21 – 7/25 or 7/28 – 8/1) at a cost of \$95.00 a week or both weeks for \$180.00. A T-shirt for all participants is included.

Days: Monday - Friday Time: 9:00 a.m. - 1:00 p.m.

Dates: July 21 – August 1 (2 wks)

Place: WMS Gym Fee: \$180.00



Basketball Camp

Participants will receive individual and group instruction on all aspects of the game of basketball as taught by Coach Kevin McGinniss and his assistants. This co-ed camp for students entering grades 3 - 8 also features a shirt for

every player, 2 games a day, contests, prizes, and trophies. All participants will receive their own regulation game ball. Pizza, snacks and drinks are available for purchase each day or campers can bring their own lunch and drink.

Days: Monday - Friday

Time: 9:00 a.m. - 2:00 p.m.

Dates: July 7 – 11 (1 wk)

Instructor: Kevin McGinniss

Place: BHS Gym Fee: \$110.00



Golf Camp

Junior golfers ages 8 – 15, with or without previous experience will enjoy learning the game of golf in a fun atmosphere. Camp includes fundamentals of the golf swing, playing with

woods and irons, pitching and sand play, chipping and putting, contests, rules and etiquette, videotape of your swing, mini-golf tournament, learn and play on a local course, awards, and a pizza party for campers each Friday. New this year, campers will be treated to a water slide on-site one day per session. Campers may bring their own clubs or use those provided. Camp begins at Golf Quest, 1 Sand Cut Road, Brookfield. The fee is \$259.00 per week. Parents must provide all transportation.

Camp schedule:

Monday - Wednesday 9:00 a.m. -12:00 p.m. at Golf Quest Thursday 9:15 - 11:45 a.m. at Gainfield Farms in Southbury Friday 10:00 a.m. - 12:30 p.m. at Golf Quest

 Week 1: June 23 - 27
 Week 2: June 30 - July 4

 Week 3: July 7 - 11
 Week 4: July 14 - 18

 Week 5: July 21 - 25
 Week 6: July 28 – August 1

 Week 7: August 4 - 8
 Week 8: August 11 - 15

Week 9: August 18 – 22

Sports Camps, continued

CAMP REGISTRATION BEGINS APRIL 7. We will be communicating important camp information via email this summer, please supply us with an email address when registering. Please plan ahead; we will not accept registrations for camps on the day they begin.

S.N.A.G. Golf

Skyhawks "Starting New at Golf" focuses on building the confidence of young athletes ages 5 - 7 through proper technique and refining the essential skills of the game. Golf is a challenging and lifelong sport, so young athletes need proper focus on the fundamentals of form, swinging, putting, and body positioning. To assist in this training, Skyhawks has adopted the SNAG system to its curriculum. SNAG is specifically designed for the entry-level player; SNAG simplifies instruction so that young players can make an easy and effective transition onto the golf course. No need to bring your own clubs--all equipment is provided. For safety reasons we utilize special helmets for all campers and keep the instructor-to-camper ratio for this program very low (8:1), resulting in limited availability. Campers should wear/bring weather appropriate clothing, a water bottle and two snacks, sneakers and sunscreen. All campers will receive a Tshirt and merit award. In case of rain, this program will meet in the gym.

Days: Monday – Friday Time: 9:00 a.m. – 12:00 p.m. Dates: 6/23 – 6/27 (1 wk) Place: WMS-front field

Fee: \$95.00

Mini Hawk Multi Sport Camp (Ages 4-7)

This multi-sport program gives children ages 4 to 7 a positive first step into athletics. Baseball, basketball and soccer are taught in a safe, structured environment with lots of encouragement and a big focus on fun. Our Mini-Hawk games and activities were designed to allow campers to explore balance, movement, hand/eye coordination, and skill development at their own pace. Skyhawks' staff are trained to handle the specific needs of young athletes. Camper to coach ratio will not exceed 8:1. Campers should bring along 2 snacks and a water bottle and wear weather-appropriate clothing for outdoor play including sneakers. Every camper receives a t-shirt and merit award. We are still working on a "rain plan" for this camp. Please ask for more details when registering.

Days: Monday – Friday Time: 9:00 a.m. – 12:00 p.m. Dates: 8/11 – 8/15 (1 wk) Place: WMS Front Field

Fee: \$115.00

Multi Sport Camp (Ages 7-11)

Our Multi-Sport camp is designed to introduce young athletes to a variety of different sports in one setting. For this program we combine baseball, basketball, soccer and flag football into one fun-filled week. Athletes will learn the rules and essentials of each sport through skill-based games and scrimmages. By the end of the week, your child will walk away with knowledge of (2 or 3) new sports along with vital life lessons such as respect, teamwork, and self-discipline. Campers should bring along 2 snacks and a water bottle and wear weatherappropriate clothing for outdoor play including sneakers. Every camper receives a t-shirt and merit award. We are still working on a "rain plan" for this camp. Please ask for more details when registering.

Days: Monday – Friday Time: 9:00 a.m. – 1:00 p.m. Dates: 8/11 – 8/15 (1 wk) Place: WMS Front Field

Fee: \$119.00

Sports Camps, continued

CAMP REGISTRATION BEGINS APRIL 7. We will be communicating important camp information via email this summer, please supply us with an email address when registering. Please plan ahead; we will not accept registrations for camps on the day they begin.

Tiny-Hawks (Ages 3-4) Sports Camp

The essentials of soccer and basketball are introduced in a fun, safe environment with lots of encouragement. Children will learn balance, body movement, hand/eye coordination, and skill development through a series of sport-specific games. Parents are encouraged to participate but are not required to; however, parents do need to say on-site. Camper to coach ratio will not exceed 8:1. Campers should bring a water bottle and wear weather-appropriate clothing for outdoor play including sneakers. Every camper receives a t-shirt and merit award. We are still working on a "rain plan" for this camp. Please ask for more details when registering.

Days: Monday - Friday Dates: 8/11 – 8/15 (1 wk)
Session 1: 9:00 – 10:15 a.m. Fee: \$65.00/session

Session 2: 10:30 - 11:45 a.m. Place: WMS Back Field

Total Play Multi Sports Camps

Experience over 16 different sports from around the world including; soccer, basketball, lacrosse, volleyball, disc golf, cricket, floor hockey and many more at US Sports Institute's Total Play Multi Sports camp. All activities will take place in an atmosphere which promotes good sportsmanship, teamwork and most of all, fun. Campers will receive technical instruction, have the chance to experience the sport in a realistic game situation, and will participate in the exciting USSI World Cup Competition. All participants will receive a t-shirt and certificate. This sports camp for boys and girls ages 5 through 12 is truly dedicated to children of all abilities. We are still working on a rain plan, as school gyms may not be available. An email detailing the rain plan will be sent out to the parent(s) of all registered campers at least one week before the start of camp.

Days: Monday through Friday Dates: 8/18 – 8/22 (1 wk)

Times/Fees: 9:00 a.m. - 12.30 p.m. (5-12 year olds) \$165

1:00 p.m. - 4:00 p.m. (5-12 year olds) \$145 9:00 a.m. - 4:00 p.m. (6-12 year olds) \$195

Place: WMS Front Field

Total Sports Squirts Camp

The Total Sport Squirts program introduces children age 3 to 5 to a variety of sports such as soccer, basketball, lacrosse, hockey and T-Ball. All classes will take place in a safe, structured environment which is sure to encourage learning and skill development. Games and drills are designed to capture each child's imagination. Whether it is trying to find Nemo, sending Shrek into a spin or capturing jellyfish with Sponge Bob Square Pants, there's fun to be had by all. All activities promote hand-eye coordination, movement, balance and most importantly Fun, Fun!

Days: Monday through Friday Time: 4.30 - 5.30 p.m.

Dates: 8/18 – 8/22 (1 wk) Fee: \$85.00

Place: WMS Front Field

Sports Camps, continued

CAMP REGISTRATION BEGINS APRIL 7. We will be communicating important camp information via email this summer, please supply us with an email address when registering. Please plan ahead; we will not accept registrations for camps on the day they begin.



Melendez Tennis Camp

Melendez Tennis Camps are high-quality, half-day camps that offer boys and girls entering grades 2-8 an opportunity to develop lifetime skills in the sport

of tennis. Campers will work with qualified instructors in small, age and skill appropriate groups and will be taught the skills and etiquette necessary to become successful tennis players. Campers will also have the opportunity to develop interpersonal and social skills as they enjoy organized off-court activities with their peers. A few reasons why Melendez Tennis Camps stand above the rest:

- 6:1 student to Instructor ratio
- Weekly individual progress reports
- Live videotape stroke analysis
- Culminating award ceremony and exhibition tournament.

Campers should wear sneakers and athletic clothing and bring a water bottle and two snacks each day. A camp t-shirt is included in the fee. We are still working on a rain plan for camp; details will be emailed in advance of the camp week. Visit www.MelendezTennis.com for more information.

Days: Monday – Friday Time: 8:30 a.m. – 12:00 p.m. Session 1: 7/14 – 7/18 (1 wk) Place: BHS Tennis Courts

Session 2: 7/21 - 7/25 (1 wk)

Fee: \$139.00/week (Or two weeks for \$269.00)

Melendez Tennis Intensive

Melendez Tennis is now offering an intensive workshop for intermediate to advanced players. During each daily 90-minute session players will have the opportunity to further hone their tennis skills in a small group setting. Professional instruction with a maximum of six students per group will emphasize the following:

- Advanced biomechanical technique for all strokes
- Strategic point combinations and attacks
- Mental toughness and tournament preparation
- Culminating match-play tournament

Since the *Intensive* is geared for intermediate-advanced players, a skills assessment may be required. We are still working on a rain plan for camp; details will be emailed in advance of the camp week. Visit www.MelendezTennis.com for more information.

for more information.

Days: Monday – Friday Time: 12:30 – 2:00 p.m.

Dates: 7/21 – 7/25 (1 wk) Fee: \$125.00

Place: BHS Tennis Courts

Quick Start Tennis

Children entering grades K and 1 will learn how to control a tennis ball with a racket and have fun in this beginning program taught by BHS Girls Coach Elaine Gregory. Students may bring their own rackets. (Rackets will be supplied for anyone who needs one.) Students should dress appropriately for outdoor play, wear sneakers and bring a water bottle.

Day: Monday - Friday Time: 9:00 - 10:00 a.m.

Dates: 7/28 – 8/1 (1 wk) Fee: \$49.00

Place: BHS Tennis Courts

Specialty Camps – Art



Camp Watercolor

Campers age 8 – 14 will enjoy learning drawing and watercolor painting techniques. Each camper will receive individualized

attention to be successful at their ability level, culminating with the completion of a painting. Bring a snack and a drink each day. Please ask for a materials list when registering. (Materials cost is approximately \$40.00 and all materials are available locally).

Days: Monday, Wednesday, Thursday, Friday (4 days) Time: 9:00 a.m. - 12:00 p.m. Fee: \$72.00/session

Session 1: 7/14, 7/16, 7/17, 7/18 (4 days) Session 2: 8/4, 8/6, 8/7, 8/8 (4 days)

Instructor: Victoria Lange Place: HHES Classroom

Paint, Draw & More Camp

This fun summer art camp is offered by Paint, Draw & More for students entering grades 1 - 4. Each day is comprised of a full day of creating fine art, some of which may include drawing, painting, mask making, sculpture, bookmaking, cartooning, collage, print making, and group projects. Story telling, music making and movement will also be added as time allows. Activities will take place in and out of doors depending on the weather. Students will explore a variety of mediums and be encouraged to break artistic boundaries and express their creativity in new and exciting ways. Campers should bring a lunch, snack and smock.

Day: Monday – Friday Time: 8:30 a.m. - 2:30 p.m.

Dates: 7/7 – 7/11 (1 wk) Fee: \$298.00

Place: HHES Classroom

Specialty Camps – Theater

Summer Theater Workshop

Be part of a cabaret production! Learn and participate in different areas of theater from stage blocking and dance, to costumes and lighting. The Workshop is led by John LaMendola, BHS Choral/Theatre Director and long-time professional actor (and Brookfield resident). Open to students entering grade 5 through 12 (graduating senior). Please bring a snack and beverage. Final cabaret performances for friends and family will be held on Friday, August 8 at 10:00 a.m. and 12:00 p.m. in the BHS Auditorium.

Day: Monday - Friday Time: 9:00 a.m. – 1:00 p.m.

Dates: 7/28 – 8/8 (2 wks)

Place: BHS Auditorium Fee: \$230.00



Performing Arts Camp

Performing Arts Camp for 6 to 14 year olds is an intensive, fun, highly charged one-week performing arts program. Campers who participate in this camp will receive training in acting, dancing and singing by performing

artists. The end of the week will culminate with a performance for family and friends. For more detailed information, please visit www.performingartsprograms.biz or call 860-432-9890 for more information. If you prefer to register online for this program, you may do so through the website listed above.

Days: Monday – Friday Time: 9:00 a.m. – 2:30 p.m.

Dates: 7/21 – 7/25 (1 wk) Fee: \$205.00 Instructor: Performance Arts Programs, Inc.

Place: WMS Café/Stage

Specialty Camps – Cooking, Nature

International Kitchen Kids

Kids entering grades 2 – 5 will learn to use new cooking techniques, fresh ingredients, and menu planning while creating delicious and nutritious meals and desserts from around the world. Different themes for each day will focus on regional cuisines or cooking techniques so that students get a taste of a variety of different regions. Space is limited to 12 participants each session. Please bring a water bottle and let us know when registering if your child has any food allergies or special dietary restrictions.

Day: Monday - Friday Session 1: 9:30 – 11:30 a.m. Session 2: 12:30 – 2:30 p.m.

Dates: 8/18 – 8/22 (1 wk) Place: TBA

Instructor: Pam Zavarelli Fee: \$75.00/session

The Great Outdoors

No one can be expected to care about and protect the natural world that does not understand it. Campers age 7-12 will explore the great outdoors through hikes, games, experiments and projects. They will investigate topics including the weather, wild flowers, local plants, trees and birds and pond wildlife. Camp will meet at the entrance to Williams Park (across from the Brookfield Library) at 8:30 am. Pick up will be in the same location at 1:00 pm. One day the program may meet at Happy Landings instead, details will be given at camp. Please bring a snack, lunch and water, wear bug spray and sunscreen and your most comfortable hiking shoes! In case of inclement weather, Friday will be our make up date. Day: Monday - Thursday

Time: 9:00 a.m. – 1:30 p.m.

Session 1: 7/28 – 7/31 (4 days)

Session 2: 8/4 – 8/7 (4 days) Place: William's Park

Instructor: Pam Zavarelli Fee: \$125.00

Specialty Camps – "Back to School"

Descriptive Writing Workshop- Painting with Words

Students entering grades 3-5 will paint pictures with words during this descriptive writing workshop. Activities to inspire creativity will include nature and art observations in the framework of the writing process. Readings from authors such as Roald Dahl and Jane Yolen provide models for the student's own creative thought process. Students should bring snack/drink each day.

Days: Monday - Thursday Time: 10:00 a.m.-12:30 p.m.

Dates: 7/14 – 7/17 (4 days) Fee: \$99.00

Place: Brookfield Tutoring Center, 270 Federal Road

Math Boot Camp

Sound tough? Going back to school without a solid foundation is tougher. This workshop is designed to get students refocused on math prior to starting the new school year. Students will be presented with activities, exercises, and games to ensure that core skills are addressed. Students will enter the school year with more focus and greater confidence. The workshop is geared toward students entering grades 4-7.

Day: Tuesday- Thursday Time: 10:00 a.m. - 12:00 p.m.

Dates: 8/12- 8/14 (3 days) Fee: \$75.00

Place: Brookfield Tutoring Center, 270 Federal Road

Specialty Camps – Technology

CAMP REGISTRATION BEGINS APRIL 7. We will be communicating important camp information via email this summer, please supply us with an email address when registering. Please plan ahead; we will not accept registrations for camps on the day they begin.

TechStars by Computer Explorers are a series of technology classes designed to facilitate STEM (Science, Technology, Engineering, Mathematics) learning. The educational materials or equipment that is used in the curriculum came from various sources like Lego Education, MIT Media Lab who emphasize on STEM education and 21st Century Skills. But most importantly, our classes provide a hands-on educational setting to make learning FUN! The following camps will be offered this summer:

Minecraft Desert Island Survival (Grades 3-7)

Imagine playing the popular game Minecraft while learning! Students will access a proprietary MinecraftEdu mod created for this class to address all of the 21st century skills: critical thinking, creativity, problem solving, decision making, collaboration, communication, ICT literacy and more. Come hang with your friends as you mine, craft and build together to survive!

Day: Tuesday – Thursday Time: 9:15 – 11:45 a.m.

Dates: 7/1 – 7/3 (3 days) Fee: \$110.00 Place: Huckleberry Hill School Classroom

Lego® in Motion (Grades 1-3)

Calling all Lego enthusiasts and builders to this program. We put fun in motion as students learn how to use wheels and axles, motors, kinetic energy and balance to create numerous contraptions which will be powered with motors and battery packs. Projects may include dragster, tractor, racecar and more. All new models to tinker with this summer. Please note, all Lego lab kits used are for classroom use only. Day: Tuesday – Thursday

Time: 12:30 – 3:00 p.m.

Dates: 7/1 – 7/3 (3 days) Fee: \$110.00
Place: Huckleberry Hill School Classroom

Lego® Robotics (Grades 3 – 6)

Lego Mindstorms provides wonderful hands-on opportunities for the students to explore the world of robotics. We will learn about the fundamentals of robotics, construction and computer programming. We will be using the familiar Lego bricks to build around a micro computer and using computer software to bring the robot to life! All new models to tinker with this summer.

Day: Tuesday - Thursday Time: 9:15 - 11:45 a.m.

Dates: 8/5 - 8/7 (3 days) Fee: \$110.00 Place: Huckleberry Hill School Classroom

Video Animation Gaming (Grades 4 –7)

Students will be using the software program 'Scratch' developed by MIT Media Institute to create animation, music videos, Pac man like video games and more. Creations from this class along with a copy of this software will be sent home so they can continue to have fun!

Day: Tuesday – Thursday Time: 12:30 – 3:00 p.m.

Dates: 8/5 – 8/7 (3 days) Fee: \$110.00 Place: Huckleberry Hill School Classroom

Passes

All passes are for Brookfield Residents only.
For purposes of our passes, a family is defined as two
married adults and dependents in the same household.
We reserve the right to ask for proof of residency.

Beach Passes – Our Town Park Beach on Candlewood Lake features swimming, basketball and sand volleyball courts, shaded picnic areas with tables and grills

and a concession stand. Beach passes for the season will **ONLY** be sold at the Parks & Rec. Office and are available for purchase beginning April 21, 2014.

Family Pass \$75.00 Individual Pass \$50.00

Senior Couple Pass \$45.00 (age 65+, includes husband/wife)
Senior Family \$62.00 (age 65+ and up to 4 grandchildren)

Senior Individual Pass \$36.00 (age 65+)

Guests may enter the Town Beach when accompanied by a Brookfield resident. The daily fee is \$5.00 per guest. Brookfield residents may also pay the daily fee of \$5.00 per person at the gate in lieu of purchasing season passes.



Boat Passes — Available April 14, 2014. Brookfield Residents and/or homeowners only. You **MUST** bring in your boat and trailer registrations in order to obtain your pass. We do not keep copies on file.

Boat Pass – On Trailer \$84.00 Boat Pass – Car Top \$45.00

Senior Boat Pass—On Trailer \$47.00 (age 65+)

Senior Boat Pass – Car Top \$27.00 (age 65+)



William's Park Tennis Passes - Well maintained Har-Tru clay courts. A court will be

available when you get there by reserving it through

the Parks & Rec. Office. Courts are open Memorial Day Weekend through October, weather permitting. Available for purchase May 5, 2014.

Family Tennis Pass \$60.00 Individual Tennis Pass \$45.00

Senior Tennis Pass \$40.00 (age 65+)

Splash Pass - Enjoy our waterfront facilities and a 10% savings for the beach and boat ramp. Available for purchase April 21, 2014. You **MUST** bring in your boat and trailer registrations in order to obtain your pass. We do not keep copies on file.

Splash Pass – Family \$143.00 Splash Pass – Senior Family (includes husband/wife) \$83.00



Club Pass - Those who enjoy swimming and tennis will save 10% on this pass for the beach and William's Park tennis. Available for purchase May 5, 2014.

Club Pass - Family \$121.50

Club Pass - Senior Family (includes husband/wife) \$76.50

2014 Brookfield Town Park Beach Hours

Memorial Day Weekend

Saturday, May 24 11:00 a.m. – 6:00 p.m. Sunday, May 25 12:00 – 6:00 p.m. Monday, May 26 11:00 a.m. – 6:00 p.m.

Early Season - Before the last day of school (Tuesday, May 27 through June 17)

Weekdays CLOSED

Saturdays 11:00 a.m. – 6:00 p.m. Sundays 12:00 – 6:00 p.m.

<u>Summer Season</u> - Begins the last day of school (June 18 through August 24)

Weekdays 10:30 a.m. – 6:30 p.m.

Wednesdays NOODLE HOUR 6:00 – 7:00 p.m.

Saturdays 11:00 a.m. – 6:30 p.m. Sundays 12:00 – 6:00 p.m.



New for the 2014 season, certain personal flotation devices will be allowed. They must be properly fitted U.S.

Coast Guard approved Type 3 vest-like flotation devices.

Town Park Rules

- 1. No swimming allowed when lifeguard is not on duty.
- 2. Park passes sold to Brookfield residents and/or homeowners.
- Guests must be accompanied by a pass holder or provide proof of residency.
- 4. No swimming allowed outside the designated areas.
- 5. Coast Guard approved flotation devices allowed.
- 6. Children 12 and under must have adult supervision at all times.
- 7. Only one person at a time allowed on the diving board.
- 8. No dangerous play will be tolerated.
- Swim team floats may be used under beach personnel supervision only.
- 10. No food or beverages are allowed on the beach area.
- 11. No glass is allowed in the Park.
- 12. No smoking on the beach.
- 13. No pets of any kind are permitted.

Beach Water Quality

Water quality monitoring is performed twice a week at the Town Park Beach on Lake Candlewood, during the swimming season, for coliform bacteria and E. coli. In addition, the Candlewood Lake Authority carries out periodic tests in multiple areas around the lake. If harmful levels of bacteria are detected, or other potentially injurious substances are found, beach closings may occur to protect the safety and health of residents. Such occurrences are extremely rare.

Swim Lessons and Brookfield Muskrats Swim Team

Your choice of two formats daily or weekly lessons.

SWIM LESSON REGISTRATION BEGINS APRIL 21.

Participants MUST have a family beach pass in order to attend lessons. Lessons will be cancelled in event of heavy rain or thunder and lightning. We are not able to accept registrations once a session begins.

Once a week for 6 weeks (6/23 – 7/31) 40 minutes classes (Preschool meets for 30 min.)

3:50 – 4:30	Monday	Tuesday	Wednesday	Thursday
Instructor #1	Level 2	Level 3	Level 4	Level 5
Instructor #2	Pre-School*	Level 1	Level 2	Pre-School*
4:40 – 5:20	Monday	Tuesday	Wednesday	Thursday
4:40 – 5:20 Instructor #1	Monday Level 3	Tuesday Level 2	Wednesday Level 3	Thursday Level 4

Lessons meet once a week for 40 minutes each day, June 23 through July 31 (6 weeks). One class per session will be made up if cancelled due to weather. Make up classes to be held the week of August 4-7 on the same day/time. *Pre-School classes will meet for 30 minutes.

Every day (M-TH) for 8, 30 minute classes. Choose from 3 sessions.

	10:45- 11:15	11:25- 11:55	12:05- 12:35	12:35- 1:20	1:20- 1:50	2:00- 2:30	2:40- 3:10
Instructor #1	Level 4	Level 3	Level 5		Level 2	Level 3	Level 4
Instructor #2	Level 2	Pre- School	Level 1		Level 1	Pre- School	Level 1

Lessons meet **Monday through Thursday** for a total of 8 classes. Up to 2 classes per session will be made-up for classes cancelled due to weather. Choose from the following dates:

Session 1: 6/23 - 6/26 and 6/30 - 7/3 (make up class 6/27)

Session 2: 7/7 – 7/10 and 7/14 – 7/17 (make up classes 7/11, 7/18)

Session 3: 7/21 – 7/24 and 7/28 – 7/31 (make up classes 7/25, 8/1)

Fee per session is \$35.00 for one child, \$65.00 for two children, \$95.00 family maximum

LEVEL: AGE: DESCRIPTION:

3 - 4 yrs	Beginning instruction, water intro, class without parent
5 and up	Aquatics orientation, supported floating/kicking
	Expand fundamental locomotion & safety skills
	Increase swimming competency, safety/rescue
	Develop confidence & competency in strokes
	Refinement of crawl, back, breast & side strokes

A detailed list of skills covered at each level is available for your review at the Parks & Recreation Office. We do our best to work with you to ensure that your child is placed at the correct level. However, swim instructors evaluate all swimmers on the first day of lessons, and you may be asked to switch levels so that your child will attain the maximum benefit.



Brookfield Muskrats Swim Team

Swimmers will enjoy the many benefits of the Muskrats Swim Team including daily practices, competing in meets, pasta parties, and team trips. **Practice begins Thursday, June 19** at the Town Park. There will be an orientation meeting for the parents of new and returning swimmers on Thursday, June 12, 7:00 p.m. in Town Hall. Season calendars and handbooks will be distributed at this time. Practices are held weekdays; times vary depending on age group. Depending on enrollment, there is a possibility that the

practice times may be adjusted when the season begins. Please note that a swimmer's age is as of July 1, 2014. The purchase of a beach pass is *required* to register for the Muskrats. Fee is \$140.00 per swimmer with a family maximum of \$280.00. All swimmers will receive a Muskrats Team T-shirt and swim cap. Please specify t-shirt size (Youth L or Adult S, M, L, XL) when registering. Team suits are required for meets (to be purchased at the start of season) and other Team apparel (sweatshirts, shorts, pants) will be available for purchase as well.

8 & under* 10:45 - 11:30 a.m. 9 & 10 11:30 a.m. - 12:15 p.m.

11 & 12 12:30 – 1:30 p.m. 13 & up 1:30 – 2:30 p.m.

^{*}Must pass an evaluation by the Swim Team Coach. All first time 8 and under swimmers will be evaluated on the first day of the program. It is recommended that all swimmers be at Red Cross Level 4 or above.

From the Director

Parks Revitalization news:

This spring Cadigan Park will remain closed to the public as heavy renovations begin. Phase I (Cadigan Park) is scheduled for completion this fall followed by the start of Phase II (Town Beach) to be completed spring 2015.

I'm pleased to inform you that beach and boat pass prices will remain flat again this year. While we remain committed to providing these waterfront services to our residents at a reasonable price, it's the state's minimum wage that drives our budget. I anticipate the need for a small increase for 2015 as we open the new park. Please note the beach will be closing on Sunday August 24th (the day before school starts and three days earlier than normal) so that we may prepare for Phase II renovations.

For an update on these projects please visit our website or like us on Facebook for periodic updates.

We are pleased to present our Spring/Summer line up of Programs, Activities, Adult Education, Trips and Special Events.

Your Recreation and Park / Grounds staff continue to maximize the Department's limited resources by improving upon Brookfield's recreational programs and facilities.

Dennis DiPinto **Director Parks & Recreation**

Community Connection

Brookfield's Family Day Nature Walk

The town of Brookfield is participating in the annual state-wide Connecticut Trails Weekend! The Brookfield Conservation Commission will host the event on Saturday, June 7 at Williams Park across from the library from 12pm-3pm. Volunteers will take hikers on guided tours throughout the wooded areas of Williams Park and through the bluebird trails of the adjacent Gurski Homestead. Residents of all ages are encouraged to attend - there will be a nature hike for children and a longer hike for adults. Participants should bring their own water and snacks. Come join your neighbors for this fun, outdoor event! Rain date is Sunday, June 8.

3rd ANNUAL BOBCAT SOCCER CAMP



This camp is a unique opportunity for youth soccer players to train alongside Brookfield High School players. Under the direction of the BHS Boys Varsity Coach, high school athletes serve as

camp counselors for the week. The camp takes place on the fields at Town Hall and is open to Boys and Girls grades K through 7th. All players will need to wear cleats and shin guards, and bring a soccer ball, water bottle and snack each day. Monday - Thursday, rain date Friday.

August 11 - 14, rain date August 15.

8:30 - 11:30am Cost: \$100

Registration is open online at www.brookfieldsoccer.org Register by July 30th and receive a FREE Camp T-Shirt! Questions, email BobcatCamp@brookfieldsoccer.org.

Community Connection



Sunset Sizzler 2nd Annual 5K Run

to Benefit the Brookfield High School All Sports Booster Club

The BHS All Sports Booster Club is hosting the 2nd Annual Sunset Sizzler on Friday, August 1st. The 5K USATF Certified Course starts and ends at BHS. The monies raised help support ALL BHS High School Sports Teams. Participants are invited to run or walk in the event.

Friday, August 1, 7:00 p.m. start

Race day registration begins at 5:30 p.m.

Race registration: http://aratrace.com/sunset-sizzer-5K Advance Online Registration: \$25 adults / \$20 students

Race Day Registration: \$30

Questions, or for more information about getting involved with the Sunset Sizzler or the BHS All Sports Booster Club, please email brookfieldboosterclub@gmail.com.

Frequently Requested Phone Numbers









Frequently Requested Phone Numbers					
AARP	Shirley Gervasor	ni 740-0067			
	Shirley.gervasoni@sbcglobal.net				
Boy Scouts	Ray Pflomm	775-8167			
	Mac Dew	740-2419			

Brookfield Baseball & Softball Association (BBSA) http://BrookfieldCt.BabeRuthonline.com/

Brookfield Education Foundation (BEF) www.brookfieldeducationfoundation.org Colette Sturm 740-0826

Brookfield for Youth Football & Cheer

http://www.eteamz.com/bfyf/index.cfm Kathy Drysdale 775-3569

Brookfield Lacrosse Club http://www.brookfieldlax.org/ Kevin Madden 775-4434

Brookfield Soccer Club http://www.brookfieldsoccer.org/ Field Hotline 775-5239 Candlewood Lake Larry Marciano 860-354-6928

Authority

CT DEEP Boating Division **Conservation Commission**

860-434-8638

Alice Dew 775-7316 Joanne McKendry 775-3890 Garden Club

Girl Scouts www.brookfieldscouts.org Lion's Club Alan Smith 775-8716 MOMS Club® of Brookfield Besa Kelley 203-885-0535

themomsclubofbrookfield@gmail.com **Brookfield Newcomers and Neighbors**

www.brookfieldnewcomers.com

Positive Discipline	Carol Dores	203-794-610
of Western CT, Inc.		
Rotary Club	Russ Cornelius	775-8010
Senior Center		775-5308
Women's Club of	Marie Yapoujian	775-1089
Brookfield	Janice Leggett	775-9662

23

203-794-6106

MOTHER'S DAY 5K

Presented by Dr. Philip Mascia SUNDAY, MAY 11, 2014 9:00 A.M. START

BROOKFIELD HIGH SCHOOL, 45 LONGMEADOW HILL ROAD

TO BENEFIT THE BROOKFIELD HIGH SCHOOL TRACK

T-shirts to first 225 entrants WALKERS WELCOME!

AWARDS:

WINNER: MALE AND FEMALE

TOP THREE: U14, 14-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70-79

TOP THREE MOTHER/DAUGHTER TEAMS*

TOP THREE MOTHER/SON TEAMS*

*RUNNERS MUST ENTER TOGETHER AS A TEAM, PAY AS INDIVIDUALS. TEAMS ARE

NOT ELIGIBLE FOR INDIVIDUAL AWARDS.

COURSE ROUTE:

Start at Brookfield High School. Longmeadow Hill Road, right onto Hop Brook Road (cone turnaround)

and return on Longmeadow Hill Road to Brookfield High.

DIRECTIONS:

184 Eastbound: Exit 9, left off ramp onto Rt. 25. 4 miles through light at junction Rt. 133, bear right at Brookfield Library onto Long Meadow Hill Road, Brookfield High School on right.

184 Westbound: Exit 9, right off ramp onto Rt. 25, then same as above.

The Mother's Day	5K is the second event in the "Four Seasons Challenge Series." The 2014 race calendar includes:
anuary 1 2014	27 th Appual Brookfield Lions/ James O'Brien New Year's Day Run for Sight 4-Miler

January 1, 2014	27 Allinda Blooklicid Lions, danies o Brief New Year's Bay Kurrior Oight 4 Willer
May 11, 2014	Annual Mother's Day 5K to benefit the BHS track 9:00 a.m. start at Brookfield High School
June 8, 2014	8 th Annual JDRF Strides to Cure Diabetes 10K Run and 3-Mile Walk 9:00 a.m. start at Brookfield High School Contact: Mark Lyon at (203) 775-6190 or lyonpride@charter.net
October 26, 2014	23 rd Annual 5K Halloween Run and Kid's K Fun Run 10:00 a.m. start at the Brookfield Municipal Center (Kid's K starts at 9:30 a.m.) Contact: Brookfield Parks & Recreation (203) 775-7310 or www.brookfieldct.gov/rec
Runners who register	for and complete all four races in the "Four Seasons Challenge Series" will receive a commemorative gift,

to be distributed during the awards ceremony at the 2014 Halloween Run.

To register by mail, make checks payable to "Town of Brookfield" and mail to:

Brookfield Parks and Recreation, "ATTN: Mother's Day 5K", P.O. Box 5106, Brookfield, CT 06804.

To register by phone with credit card call Brookfield Parks & Recreation at (203) 775-7310.

NAME		AGE	SEX	
ADDRESS				
CITY, STATE, ZIP				
TELEPHONE	SIGNATURE			
EMAIL:				
T-SHIRT SIZE	PARENT'S SIGNATURE			
TEAM NAMES AND	CATEGORY: MD. MS			







8TH ANNUAL STRIDES TO CURE DIABETES 10-K RUN AND 3-MILE WALK

SUNDAY, JUNE 8, 2014 AT 9:00 A.M. **BROOKFIELD HIGH SCHOOL** 45 LONG MEADOW HILL ROAD BROOKFIELD, CT 06804

THE BROOKFIELD LIONS CLUB, JDRF (FAIRFIELD COUNTY CHAPTER) AND THE REGIONAL YMCA OF WESTERN CONNECTICUT ARE PROUD TO CO-SPONSOR THIS EVENT TO PROMOTE DIABETES AWARENESS AND RESEARCH. BRING THE WHOLE FAMILY, PARTICIPATE IN BOTH THE 10-K RUN AND 3-MILE WALK, AND GENEROUSLY SUPPORT THIS CHARITABLE FUNDRAISING EVENT.

CONTACT INFORMATION: (203) 775-6190; LYONPRIDE@CHARTER.NET

REGISTER ONLINE: www.active.com (after April 1, 2014); additional Run/Walk forms at

WWW.GREYSTONERACING.NET.

REGISTRATION: RUNNERS - \$20.00 (POSTMARKED BEFORE JUNE 1, 2014); \$25.00 (AFTER JUNE

1, 2014 THROUGH RACE DAY).

WALK TEAMS -FORM A WALK TEAM AND RAISE A MINIMUM OF \$100.00 FOR DIABETES RESEARCH; ALL DONATIONS SHOULD BE COLLECTED PRIOR TO THE WALK AND TURNED IN AT REGISTRATION; STROLLERS WELCOME, BUT NO PETS, PLEASE! COMMEMORATIVE T-SHIRT FOR EACH REGISTERED WALK TEAM CAPTAIN!

REGISTRATION AND CHECK-IN FOR THE RUN AND THE WALK OPENS AT 8:00 A.M.

FEATURES: COMMEMORATIVE T-SHIRTS FOR THE FIRST 100 REGISTERED RUNNERS; POST-RACE

RAFFLE (MUST BE PRESENT TO WIN); LOTS OF GREAT FOOD, MUSIC, AND PLENTY OF

FREE PARKING.

10-K COURSE RECORDS: SERGIO RIBEIRO 32:16 (2003)

40:45 (2003) ALISON KANE

RUNNER AGE BRACKETS: 14 AND UNDER 30-39 60-69

15-19 40-49 70 AND OVER

20-29 50-59

RUNNER AWARDS: \$100.00 CASH AWARDS FOR 1ST PLACE OVERALL (M/F)

> \$ 50.00 CASH AWARDS FOR 1ST PLACE 40 AND OVER (M/F)

AGE BRACKET AWARDS FOR 1st, 2ND AND 3RD PLACE (M/F)

COURSE: This challenging 10-K course starts in front of Brookfield High School; proceeds north on Long Meadow Hill ROAD; TURNS RIGHT ON HOP BROOK ROAD; TURNS LEFT ON COVE ROAD; TURNS RIGHT ON DEERFIELD ROAD; TURNS LEFT ON RIVERFORD ROAD; TURNS LEFT ON KIMBERLY ROAD; TURNS RIGHT ON HOP BROOK ROAD; AND TURNS LEFT ON LONG MEADOW HILL ROAD FOR A FAST AND FLAT FINISH BACK AT BROOKFIELD HIGH SCHOOL. MILE MARKERS AND WATER STATIONS ON THE COURSE.

THE 3-MILE WALK COURSE FOLLOWS A PORTION OF THE 10-K RUN COURSE, AND WILL BE MARKED APPROPRIATELY.

DIRECTIONS: Take I-84 to Exit 9; HEAD NORTH FOR @ 2 MILES ON RT. 25 TO BROOKFIELD; @ 1/4 MILE PAST TRAFFIC LIGHTS, BEAR RIGHT ON LONG MEADOW HILL ROAD (ACROSS FROM LIBRARY); BROOKFIELD HIGH SCHOOL IS 1/2 MILE AHEAD ON THE RIGHT. PARKING LOTS WILL BE DESIGNATED.

PRINT ALL REQUIRED INFORMATION CLEARLY!!

REGISTRATION FORM

PROCEEDS FROM THIS EVENT WILL BE DONATED TO JDRF (FAIRFIELD COUNTY CHAPTER) AND TO THE CONNECTICUT LIONS EYE RESEARCH FOUNDATION, EACH A 501C (3) CHARITABLE ORGANIZATION.

MAKE ALL CHECKS PAYABLE TO: "BROOKFIELD LIONS CHARITIES, INC."

(FOR RUN ONLY - \$20.00 BEFORE 06/01/14; \$25.00 AFTER 06/01/14)

NOTE: THERE IS NO INDIVIDUAL REGISTRATION FEE FOR WALKERS; CHECKS FOR WALK TEAM DONATIONS (MINIMUM OF \$100.00 PER WALK TEAM) AND ALL ADDITIONAL DONATIONS ARE MADE PAYABLE TO "BROOKFIELD LIONS CHARITIES, INC." AND TURNED IN AT REGISTRATION BY WALK TEAM CAPTAIN.

MAIL FEE WITH COMPLETED AND SIGNED ENTRY FORM TO: RACE DIRECTOR, BROOKFIELD LIONS CLUB P. O. Box 660, Brookfield, CT 06804

I AM REGISTERING FOR: 10-K RUN ____ 3-MILE WALK ____ (WALK TEAM NAME ____

EMAIL ADDRESS:

This event is held in cooperation with the Town of Brookfield and the Brookfield Police Department. If my entry is accepted, I release forever all rights for claims and damages I may incur against the Brookfield Lions Club, Inc. (and any of its members), Brookfield Lions Charities, Inc., the Town of Brookfield and any of its employees, JDRF, the Regional YMCA of Western Connecticut, and Greystone Electronics Corporation for damages suffered by me or others traveling to and from and/or participating in the Strides to Cure Diabetes 10-K Run and 3-mile Walk. Permission is granted to use my name, picture, or videotape or recording for any purpose. I am physically fit and have trained to finish this distance.

Name:	Date of Birth: Age on Race Day:				
STREET ADDRESS:	CITY: STATE: ZIP CODE:				
TELEPHONE NUMBI	ER: SEX: M F SHIRT SIZE (S, M, L OR XL):				
SIGNATURE:(OF PA	DATE: AMOUNT ENCLOSED:				
	(DETACH HERE)				
	IDES TO CURE DIABETES 10-K RUN IS THE THIRD EVENT IN THE "FOUR SEASONS CHALLENGE SERIES." CE CALENDAR INCLUDES:				
JANUARY 1, 2014	27 TH ANNUAL NEW YEAR'S DAY BROOKFIELD LIONS RUN FOR SIGHT 4-MILER BROOKFIELD HIGH SCHOOL, 45 LONG MEADOW HILL ROAD, BROOKFIELD, CT 1 1:00 a.m. Start CONTACT: MARK LYON — (203) 775-6190 or LYONPRIDE@CHARTER.NET				
MAY 11, 2014	17 th Annual Mother's Day 5-K Brookfield High School, 45 Long Meadow Hill Road, Brookfield, CT 9:00 a.m. Start Contact: Brookfield Parks & Recreation (203) 775-7310 or www.brookfieldct.gov/rec				
June 8, 2014	PLEASE NOTE VENUE AND DISTANCE CHANGE FOR 2014 ONLY!! 8 TH ANNUAL STRIDES TO CURE DIABETES 10-K RUN AND 3-MILE WALK BROOKFIELD HIGH SCHOOL, 45 LONG MEADOW HILL ROAD, BROOKFIELD, CT 9:00 A.M. START CONTACT: MARK LYON — (203) 775-6190 OR LYONPRIDE@CHARTER.NET				
OCTOBER 26, 2014	23 RD ANNUAL BROOKFIELD FAMILY CHIROPRACTIC 5-K HALLOWEEN RUN AND 19 TH ANNUAL KID'S K FUN RUN CERTIFIED COURSE: <u>USATF CT06013JHP</u> BROOKFIELD MUNICIPAL CENTER, POCONO ROAD, BROOKFIELD, CT 10:00 A.M. START (KID'S K FUN RUN AT 9:30 A.M.) CONTACT: BROOKFIELD PARKS & RECREATION – (203) 775-7310 OR WWW.BROOKFIELDCT.GOV/REC				

RUNNERS WHO REGISTER FOR AND COMPLETE ALL FOUR RACES IN THE "FOUR SEASONS CHALLENGE SERIES" WILL RECEIVE A COMMEMORATIVE GIFT, TO BE DISTRIBUTED DURING THE AWARDS CEREMONY AT THE 2014 HALLOWEEN RUN.

June 20

Blonde AmbitionClassic Rock

Brookfield Newcomers & Neighbors

Dental Associates

June 27

J&B Band

A bit of everything

Potato Fest Grade A Shop Rite

McCaffrey Realty Professionals of Coldwell Banker

Dr. Claire A Free, M.D., LLC

July 4

Gold Rush Country

Sippin Energy Products Newtown Savings Bank

July 11

Bock & Blu Funk-a-licious

Newtown Savings Bank Hensal Realty

July 18

Jamnesia Classic Rock

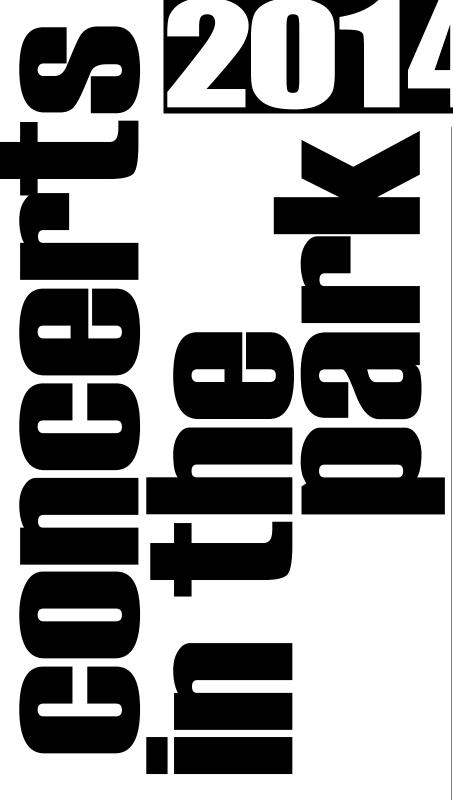
Brookfield Chamber of Commerce

July 25*

Top Dead Center 70's & 80's

Patty McManus -Wm. Pitt Sotheby's Realty

James Forte -Mortgage Services -Norcom USA



Concerts are scheduled Friday evenings from 6:30 to 8:00 PM at the Bandstand, Town Hall, 100 Pocono Road Family fun! Bring a chair or blanket and picnic in the park!

* Followed by a "drive in" movie at dusk. Sponsored by Brookfield Parks & Recreation

August 1

ScratchDance Party

Ryer Associates Commercial Real Estate

Co-Sponsor Available

August 8*

Higher & Higher Dance

Housatonic Valley Rotary Club of Brookfield

Union Savings Bank

August 15

Ryan Heart & the Blue Hearts
Blues

Sponsorship Available

August 22*

Bock & Blu Funk-a-licious

The KEY Business Building Networking Group

The Recreation Enhancement Council

August 29

Dan's Garage Classic Rock 60's - Today

Matson Financial Advisors

Jim Eagan, Nationwide Insurance



P.O. Box 5106 Brookfield, CT 06804 (203)775-7310 PRSRT STD ECRWSS USPOSTAGE PAID EDDM RETAIL

RECREATION STAFF:

Dennis DiPinto, Director Mary Knox, Recreation Supervisor Donna Korb, Administrative Assistant

PARKS MAINTENANCE STAFF:

Chris Rabuse, Parks Supervisor Chris Shaw, Crew Leader Rob Haggerty Rick Lamparelli

COMMISSION:

Sara Kincade, Chair
Ed Butt, Co-Vice Chair
Joei Grudzinski, Co-Vice Chair
Rob Blick Bryan Chnowski
Tony Tomaino Mike Fernand
Elaine Rajcula, Commission Secretary

POSTAL PATRON BROOKFIELD, CT 06804



The Brookfield Parks & Recreation Department does not discriminate on the basis of race, color, national origin, gender, religion, age or disability in provision of programs and services. Individuals with disabilities are encouraged to register.

The Brookfield Parks & Recreation Department is complying with the Americans with Disabilities Act (ADA) Public Law 101336. The law addresses issues of accessibility of facilities and programs. Provisions of reasonable program accommodations will be made on a case-by-case basis to allow people with disabilities to participate in and benefit from programs. Documentation of disability is required when requesting reasonable modifications.

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Registration for spring programs begins Thursday, April 3.

Register over the phone when paying by credit card, in person at the Parks and Recreation Office or by mail. Please note dates for summer program registration within the program guide.